

RACE REGULATION MONZA HALF MARATHON

Competitive Races and Events with Tourist-Sporting goals

Laguna Running SSD a RL, in collaboration with MG Sport Srl, organizes the MONZA HALF MARATHON an international running event taking place in **Monza on Sunday, 4th October 2026**.

CAN PARTICIPATE

A) REGISTRATION FOR ITALIAN OR FOREIGN ATHLETES' RESIDENT IN ITALY

In competitive events, the following may participate

- Italian and foreign athletes who are FIDAL members in the following categories:
 - Allievi (16/17 years old) – who can take part ONLY in the 10km race
 - Juniores (18/19 years old)
 - Promesse (20/22 years old)
 - Seniors (from SF-SM to SM-SF95)
- Foreign athletes who are WA members and can provide:
 - an authorization by their national athletics federation to compete in races abroad (EU athletes)
 - an authorization by their national athletics federation to take compete in races abroad in addition to a proper visa (for non EU athletes)

Please note: Athletes who are WA members but do not register to the race through their federation or club must self-certify affiliation to WA.

- RUNCARD holders: Italian citizens and foreigners living in Italy, limited to persons aged from 20 years old; non-members for a company affiliated with FIDAL or for a foreign Athletics Club affiliated to the WA, or by an associated company (discipline Athletics) to a Sports Promotion Board possess a valid RUNCARD, issued directly by the FIDAL (www.runcard.com). Participation is, however, subject to the presentation of competitive sport certificate for athletics issued in Italy.
- Athletes (Italian or Foreigners), registered for Ente di Promozione Sportiva (Athletics discipline) that have signed a convention with FIDAL, only if in possession of a valid RUNCARD-EPS card (not expired). Participation is, however, subject to the presentation of competitive sport certificate for athletics issued in Italy.

B) REGISTRATION FOR ITALIAN ATHLETES LIVING ABROAD

In competitive events may participate:

- Allievi (16/17 years old) – who can take part ONLY in the 10km race
- Juniores (18/19 years old)
- Promesse (20/22 years old)



- Seniors (from SF-SM to SM-SF95)

They must meet one of the following requirements:

- Be registered with FIDAL through an affiliated club.
- Be registered with foreign athletics federations affiliated with World Athletics.
- Hold a valid RUNCARD (purchasable on the website <https://runcard.com/welcome>; they must be over 20 years old) accompanied by a competitive sport certificate for athletics, the specific “HEALTH FORM” available on the website. No other health certification is considered valid.

Italian athletes residing abroad without one of the above-mentioned requirements will not be allowed to participate.

C) REGISTRATION FOR FOREIGN ATHLETES NOT RESIDENT IN ITALY

1. HALF MARATHON (21.097KM) AND 10KM COMPETITIVE

In competitive may participate:

- Allievi (16/17 years old) – **who can take part ONLY in the 10km race**
- Juniores (18/19 years old)
- Promesse (20/22 years old)
- Seniors (from SF-SM to SM-SF95)

They must meet one of the following requirements:

- Be registered with foreign athletics federations affiliated with World Athletics
- Hold a valid RUNCARD (purchasable on the website <https://runcard.com/welcome>; they must be over 20 years old) accompanied by the specific “HEALTH FORM” available on the website.

No other health certification is considered valid.

A copy of the medical certificate will be kept on record by the Organizer of each event in which the athlete holding the RUNCARD participates. These athletes will be regularly entered in the race standings, but will not enjoy refunds, bonuses and enter the prize money and / or prize in kind.

Participants in the events may be subject to doping control, they are also subject to the provisions of Article 25 of the Regulations for the Organization of Events 2020, where they are already subject to disciplinary suspension.

2. 21KM or 30KM for Tourist-Sporting goals open to only Foreign Athletes non registered to any foreign Athletics Federations and NOT RESIDING IN ITALY

Foreign athletes, non-residing in Italy and not registered to any foreign Athletics Federation, who participate at the 21Km or 30Km race for Tourist-Sporting goals can take part by completing and signing Liability Waiver Form (available on the registration form online). They must be 18 or older on the day of the race. These participants will be placed in an alphabetical order of arrival distinct from the classifications of the competitive races (21km



and 30km) and will not be able to benefit from prizes in kind, cash, value vouchers, bonuses, engagements, reimbursements of expenses of any kind.

CANNOT TAKE PART

At this sport event cannot participate:

- Athletes (male or female) registered to other federations (e.g. Triathlon)
- Athletes (male or female) registered to Entities of Sporting Promotion companies recognized by CONI but not affiliated with FIDAL, which have not signed the RUNCARD
- Holders of "Mountain and Trail RUNCARD"
- Medical certificates of competitive fitness bearing texts, such as running, running, running, marathon, triathlon, running etc. They are not valid for participation
- Medical certificates of athletic eligibility for other sports are not valid for participation: will be accepted only those who expressly be marked with "Athletics"

Upon registration done with specific forms, anyone participating in the Monza21 accepts this declaration of responsibility, as reported:

DECLARATION OF RESPONSIBILITY: " I, the undersigned, aware of the penalties applicable in case of false statements and false documents (art 26 l. 15/68 and art. 489 cp) declare: I have read and consequently know, accept and respect the rules of " MONZA HALF MARATHON "; be aware that participation in competitive sporting events is potentially a risky if you are not properly prepared and in suitable physical condition; to be aware that to register you must be in possession of a medical certificate of fitness competitive athletics valid and be 18 years at the date of the event (16 years to 10 km); to enroll voluntarily and assume all risk arising from my participation in this event falls, contacts with vehicles, with other participants, spectators or otherwise, any weather conditions including extreme heat, and / or damp cold, traffic and road conditions, any well-known type of risk and evaluated by me. Being aware of this, considering my application accepted, I, for myself and on behalf of anyone else, relieve the Organizing Committee of MONZA HALF MARATHON, Laguna Running SSD a RL, MG Sport srl, Fidal, GGG, Comune di Monza, Consorzio Villa Reale and Parco di Monza, Comune di Biassono, Provincia di Monza Brianza, Regione Lombardia, Autodromo Nazionale Monza, the promoters, all sponsors and organizational partners of the event, the respective representatives, successors, officers, directors, members, agents, partners and employees of the above companies of all present and future claims or liability of any kind, known or unknown, deriving from my participation in the event. Upon acceptance of your registration in one of the events of MONZA HALF MARATHON, the fee is non-refundable, even in the event of cancellation and If the race is canceled and / or postponed to another date or place for reasons of force majeure and / or reasons beyond and / or not related to the will of the Organizing Committee, including the withdrawal of the performance by the organs public expertise. By subscribing to the event, expressly authorizes the Organizing Company, together with legal entities with whom it has professional and commercial relationships related and connected, the resumption of pictures of the event, the acquisition of the free right to use still or moving images on which I will appear, took during my participation in the competition on all visual media as well as promotional materials and / or advertising products and spread throughout the world and for the maximum time allowed by the laws, regulations, treaties in force, including all extension options It may be made to the period foreseen. I also declare that I have read the Privacy Declaration available on the site www.followyourpassion.it and having expressed my consent to the processing of personal data in the manner provided. The data provided will be treated in accordance with the rules laid down EU



Regulation no. 2016/679 ("GDPR") and exclusively for the purposes set out in information published on the site www.followyourpassion.it. "

Per il riepilogo dei requisiti di partecipazione consultare anche il link [REQUISITI DI PARTECIPAZIONE](#).

REGISTRATION AND PAYMENT

Online registrations will close on **October 2nd, 2026**, at 11:59 PM, or upon reaching the maximum number of participants. It is possible to register online through the website followyourpassion.it.

Registration Fees:

Distance 30km

- 50 € until March 31, 2026
- 55 € until June 30, 2026
- 60 € until August 31, 2026
- 75 € until registration closes

Distance 21km

- 45 € until March 31, 2026
- 50 € until June 30, 2026
- 55 € until August 31, 2026
- 65 € until registration closes

Distance 10km

- 25 € until March 31, 2026
- 30 € until June 30, 2026
- 33 € until August 31, 2026
- 35 € until registration closes

The above registration fees do not include administrative fees to be paid online at registration

Special enrolment fees are reserved for sports clubs with more than 10 participants. These organizations are asked to contact by e-mail giuseppe@mgsport.it

The registration fee for the Monza Half Marathon includes: race bib with timing chip, race kit with official gadgets and sponsor products, water stations along the course, sponge stations, final refreshment area, toilet facilities, **a metal finisher medal** for the competitive and non-competitive 10 km, 21 km, and 30 km races, **a wooden finisher medal** for the 5 km race, a downloadable finisher diploma from the website, and medical assistance.

We do not accept registrations without the athlete's complete details, records and membership, and, where required, a copy of the medical certificate of athletic eligibility.

Should an athlete register in the last week before the event, the organization does not guarantee the race packet.



The organizing committee reserves the right to close registration still at its sole discretion, even before this date.

Registration fee must be paid online with credit card while entering the registration. On site it will be possible to register for the non-competitive events only.

Registration Confirmation

The Organizing Committee will send to all registered athletes the confirmation of the registration via e-mail. If the confirmation is not received, the person should contact the registration office by email at running@followyourpassion.it

Reimbursement of the registration fee

The participation fee is not refundable under any circumstances for reasons attributable to the single person

Registration cancellation, modification and transfer

The athlete may change the race distance free of charge by **Monday, September 21, 2026**, by contacting running@followyourpassion.it via email.

The name change may be completed independently through the personal Dashboard by Monday, September 21, 2026, at a cost of €10. In the event of a distance change and transfer to another race within the FYP circuit, any difference in the registration fee must be paid. No refunds will be issued for lower registration fees.

Safety plan

The Organizing Committee has prepared adequate health and safety plan in accordance with national regulations and in cooperation with local institutions, Police, Red Cross and Civil Defense.

RACE PROGRAM: *provisional

Start Times

- **09:00** – Start of competitive races, followed by the start of non-competitive races
- **10:30** – Awards Ceremony for the 10 km at the Expo Village
- **12:30** – Awards Ceremony for the 21 km and 30 km at the Expo Village and official closing of the event

Bib Collection

Race bibs can be collected as follows:

- **Saturday, 3 October 2026:** from 11:00 AM to 6:30 PM



- **Sunday, 4 October 2026:** from 6:15 AM to 8:00 AM (bib and race pack collection only for participants residing outside Monza-Brianza Province)

Bib numbers will be assigned in progressive order based on the registration date (earlier registrations receive lower bib numbers). Bibs can also be collected by a third person with written authorization and a copy of a valid ID. For sports clubs, bibs can be collected in one go by a designated representative with written authorization. To reserve cumulative collection, please send an email to giuseppe.paganelli@mgsport.it at least 2 days before the event.

Grid

The Starting Grid will be prepared by the organizers and assigned on the basis of the best time declared at the time of registration. It will be indicated by the appropriate bib identification color. However, the organizing committee reserves the right to possibly move some athletes from one sector to another based on organizational needs.

Timing

The measurement of the times and the elaboration of the charts will be carried out with transponder chip system to lose.

The time of each athlete will be recorded electronically from his or her passage on the starting line at the start of the race, to his or her arrival with passage on the Finish line and with the partial times at certain kilometres.

Any athlete who starts from a grid other than the one assigned will be liable for this offence and will be cautioned and monitored for any subsequent editions of the race in which he or she takes part.

Athletes must participate in the race with the bib and the relevant Chip provided by the Organising Committee. If an athlete takes part with someone else's bib and chip, he/she will be liable to disqualification and a report to the Federal Authorities.

Refreshments

Water points are provided along the route approximately every 4 km starting from the 4th km. These points will be able to be used by athletes both for drinking and for refreshing themselves with a sponge.

Time limit

The time limit is:

- 1h30' for the 5-10 km
- 2h30' for the 21km
- 4h for the 30km

Pacer Service

Present

Results



An order of finish and category rankings will be prepared and will be available on the website of the event. The same will be validated by the Technical Delegate Judge/Appellate Judge.

AWARDS

By the organizing committee will be awarded:

- **30Km:** prizes in kind for the top 5 athletes arrived men and top 5 women overall
- **half marathon:** prizes in money for top 3 athletes' women and men; prizes in kind for top 3 women and men for each age category:

Women: JU, SF35, SF40, SF45, SF50, SF55, SF60 ed SF65 and above

Men: JU, SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75 and above

- **10 km racing:** prizes in kind the top 5 athletes arrived men and top 5 women, overall

Prizes can be collected during the awards ceremony. Prizes not collected during the award ceremony will not be sent later.

RUNCARD holders will be included regularly in the ranking, but will not enjoy money refunds, bonuses or access to the prize pool.

PRIZE MONEY for the Half Marathon: first 3 male and female finishers: *to be confirmed

PRIZE MONEY Only for Italian Athletes *to be confirmed

These awards can be collected after the official results of the rankings and must be strictly collected by those entitled to them, who must show up with their Fidal card.

Awards not collected during the awards ceremony will not be sent later. People in possession of the RUNCARD will be regularly included in the race ranking, but will not be eligible for refunds, bonuses or access to the prize pool.

PRIZE MONEY FOR TEAMS; based on timing

Awards will be given to the top 5 classified societies. Rankings will be obtained by considering the number of registered members of the same club on the competitive 30, 21 and 10km distances.

*to be confirmed

GENERAL INFORMATION:

Complaints

According to the rules of RT FIDAL claims must be exposed verbally in the first instance to the arrival judge, in the second instance in writing, within 30 'from the publication of the results, the court of appeal, accompanied by the sum of € 100.00 (one hundred) refundable if the complaint is accepted.



TECHNICAL RULE 5 - COMPETITION SHOES

Regarding the use of competition shoes, athletes must follow the provisions of Technical Rule 5 - Competition Shoes. <https://www.fidal.it/content/Regola-Tecnica-5-Scarpe-di-Gara/132125>

ID Check

The GGG can perform control of the athlete's identity and membership in accordance with FIDAL Regulation (Art. 8-9 Activities Regulations 2019). If during the inspection, an athlete is found lacking the membership card or receipt of online membership or identity document, a declaration of membership will be need to be completed by the athlete's company affiliation,.

Health Service

The organizing committee will guarantee appropriate medical assistance along the race course, the start and finish line.

Facilities

Changing rooms: available
Bag storage: available
Showers: not available

Privacy and Image Rights

According to EU Regulation no. 2016/679 ("GDPR"), before registering the athlete is advised to take note of the documentation relating to privacy protection, available on the website www.followyourpassion.it and to express their consent to the processing of personal data in due manner. The data provided will be treated in accordance with the rules laid down in EU Regulation no. 2016/679 ("GDPR") and exclusively for the purposes set out in information published on the site www.followyourpassion.it.

By subscribing to " Monza Half Marathon ", the athlete expressly authorizes the Organizer together with legal entities with whom it has professional and business reports and associated with taking the pictures of the event, the acquisition of the free right to use still or moving images on which I will appear, taken at of their tenders of all visual media as well as promotional materials and / or advertising products and spread throughout the world and for the maximum time allowed by the laws, regulations, treaties in force, including the extension options to be made to the period provided.

Failure to Carry

If the race is cancelled and / or postponed to another date, or in any case, do not turn to force majeure and / or reasons beyond and / or not related to the will of the Organization, including the withdrawal of the performance by the competent public authorities, the registered athlete will have nothing to expect from the Organizing Committee and / or Laguna Running SSD a RL and MG Sport Srl, nor for the return of the registration fee, or as reimbursement of any expenses incurred or to sustain. The submission of the application form has the value of acceptance of this clause and expressly renounces any claim resulting in the cancellation and / or postponement of the race.



Final Warning: the Organizing Committee reserves the right to modify these rules at any time for reasons it deems appropriate for a better organization of the race, with the approval of FIDAL. The event will take place with any atmospheric condition. For matters not covered by these regulations, the norms of the International Technical Regulations and Bylaws of the FIDAL.

Milan, May 2026

