

RACE REGULATIONS ChiaTRI Sprint, Olympic, Half & Relay

Laguna Running SSD a RL, in collaboration with MG Sport, organizes the international triathlon event ChiaTRI (Sprint, Olympic, Half, and Relay distances), taking place in **Chia – Domus De Maria (CA), on May 1st, 2026.**

ELIGIBILITY

Sprint

- All male and female athletes born in 2010 or earlier, registered with FITRI (Italian Triathlon Federation) or another International Triathlon Federation, and holding a valid membership for the year 2026;
- All male and female athletes born in 2010 or earlier who are not registered must obtain a one-day license. The one-day license must be purchased directly on the myfitri.it portal. It must be completed prior to the race, within the deadline set by FITRI (it will not be possible to obtain a one-day license on-site). **Each athlete is responsible for correctly completing the procedure; otherwise, participation in the race will not be allowed and no refund will be provided.**

Olympic

- All male and female athletes born in 2008 or earlier, registered with FITRI (Italian Triathlon Federation) or another International Triathlon Federation, and holding a valid membership for the year 2026.
- All male and female athletes born in 2008 or earlier who are not registered must obtain a one-day license. The one-day license must be purchased directly on the myfitri.it portal. It must be completed prior to the race, within the deadline set by FITRI (it will not be possible to obtain a one-day license on-site). **Each athlete is responsible for correctly completing the procedure; otherwise, participation in the race will not be allowed and no refund will be provided.**

Half and Relay

- All male and female athletes born in 2006 or earlier, registered with FITRI (Italian Triathlon Federation) or another International Triathlon Federation, and holding a valid membership for the year 2026.



- All male and female athletes born in 2006 or earlier who are not registered must obtain a one-day license. The one-day license must be purchased directly on the myfitri.it portal. It must be completed prior to the race, within the deadline set by FITRI (it will not be possible to obtain a one-day license on-site). **Each athlete is responsible for correctly completing the procedure; otherwise, participation in the race will not be allowed and no refund will be provided.**

For a summary of the participation requirements, please also refer to the link [**PARTICIPATION REQUIREMENTS Triathlon**](#)

DISTANCES

- *ChiaTRI Sprint*: 0,75 km swim, 20 km bike and 5 km run
- *ChiaTRI Olympic*: 1,5 km swim, 40 km bike and 10 km run
- *ChiaTRI Half and Relay*: 1,9 km swim, 90 km bike e 21 km run

REGISTRATIONS AND PAYMENTS

Online registration will close on **April 26, 2026**, at 11:59 PM, or upon reaching the maximum number of participants. It is possible to register online through the website <https://followyourpassion.it/iscrizioni-chiatri/>.

ChiaTRI Sprint

Total fees: **90€**

Discounted fees:

- **50 €** until 31.01.2026
- **70 €** until al 28.02.2026
- **80 €** until al 31.03.2026
- **90 €** until registration closes

Fixed category fees:

- Youth: **8 €**
- Junior: **15 €**
- Under 23-S1: **25 €**

ChiaTRI Olympic

Total fees: **120€**

Discounted fees:

- **70 €** until 31.01.2026
- **90 €** until 28.02.2026
- **100 €** until 31.03.2026
- **120 €** until registration closes

Fixed category fees:

- Junior: **15 €**
- Under 23-S1: **25€**

ChiaTRI Half

Total fees: **260 €**

Discounted fees:

- **160 €** until 31.01.2026
- **200 €** until 28.02.2026
- **210 €** until 31.03.2026
- **260 €** until registration closes

ChiaTRI Relay

Total fees: **260 €**

The fees above do not include service charges applied at the time of purchase.

For corporate group registrations, discounted rates are available. Interested companies are kindly asked to contact the organization at the email address giuseppe@mgsport.it.

The registration fee includes: race numbers for the various segments, a swimming cap for the swim portion, stickers to be applied to personal bags, rental of the timing chip, a welcome pack with official gadgets and sponsor products, refreshment points along the routes, final refreshments, finisher medal, services, parking, insurance, downloadable finisher diploma from the website, as well as technical and medical assistance.

No changes will be allowed after **April 20, 2026**.

If an athlete registers in the final week before the event, the organization does not guarantee the race pack.

REFUND OF THE REGISTRATION FEE

The participation fee is **NOT refundable under any circumstances** for reasons attributable to the individual participant.

CANCELLATION, MODIFICATION, AND TRANSFER OF REGISTRATION

The athlete may change their race distance free of charge until Monday, **April 20, 2026**, by contacting triathlon@followyourpassion.it via email.

Name changes can be made independently through the personal dashboard until Monday, April 20, 2026, at a cost of €10.

The transfer of registration to another race in the FYP circuit or to the next edition can be made until Monday, April 20, 2026, at a cost of €15, by contacting triathlon@followyourpassion.it via email.

In the event of a change in distance or transfer to another FYP race, the athlete must pay any difference in the registration fee. Any differences in favor of the athlete will not be refunded.

RACE PROGRAM

Bike check-in

Bike check-in times are as follows:

- *ChiaTRI Half*: **8:00am - 9:00am**
- *ChiaTRI Sprint*: **8:00am - 9:00am**
- *ChiaTRI Olympic*: **8:00am - 9:00am**

Start time

The Start times for the different distances are as follows:

- *ChiaTRI Half*: **9:15am** Female and **9:18am** Male
- *ChiaTRI Sprint*: **10:05am** Female and **10:08am** Male
- *ChiaTRI Olympic*: **10:00am** Female and **10:03am** Male

The times may be subject to change for organizational reasons.

Courses

- **SWIM**: The swim segment will take place at Chia Beach, just 1,500 meters from Chia Laguna Resort.
- **BIKE**: The bike course takes athletes along a unique route that winds along the coastline. Passing by stunning scenery, including bays such as Tuerredda, the route then heads inland toward Teulada up to the turnaround point, before returning. The course will be completely closed to traffic for the entire duration of the competition. **For all races (Sprint, Olympic, and Half Distance), drafting is NOT allowed. Time trial bikes and road bikes equipped with aero bars are permitted.**
- **RUN**: The run segment follows a course that winds along the roads around Chia Laguna Resort.

The courses are available on the official website <https://followyourpassion.it/chiatri/>.

Time limit

ChiaTRI Sprint

- Swim cut-off time: **40'**
- Transition area (T2) closure after bike segment: **1h10'**
- Finish line closure: **2h20'**

ChiaTRI Olympic

- Swim cut-off time: **70'**

- Transition area (T2) closure after bike segment: **2h30'**
- Finish line closure: **4h00'**

ChiaTRI Half

- Swim cut-off time: **1h30'**
- Transition area (T2) closure after bike segment: **5h30'**
- Finish line closure: **8h00'**

Participants must follow the instructions of both race officials and law enforcement for the entire duration of the race and comply with the Italian Highway Code. The right-hand rule applies. Although the courses are closed to traffic, participants should be aware that vehicles, emergency vehicles, and other event-related cars may still be present. Therefore, traffic regulations must be followed at all times along the entire course.

Refreshment stations

ChiaTRI Sprint

- 1 on the bike course
- 1 on the run course
- Finish: final refreshment station

ChiaTRI Olympic

- 1 on the bike course
- 3 on the run course
- Finish: final refreshment station

ChiaTRI Half

- 3 on the bike run
- 7 on the run course
- Finish: final refreshment station

WASTE MANAGEMENT DURING THE RACE

In all three segments, designated areas will be set up for the disposal of waste (cups, bottles, and various packaging). Participants are asked to fully cooperate by using these areas, which will be clearly marked and always located after the refreshment stations.

RACE CONDUCT

To ensure the safe running of the competition, on sections of the bike and run courses that are two-way, it is strictly forbidden to cross the center line. Failure to comply will result in immediate disqualification.

BIB NUMBER PICK-UP AND WELCOME PACK

Race numbers for the different segments, timing chip, and welcome pack can be collected at the ChiaTRI Expo located in the Conference Center of the Chia Laguna Resort during the following times:

- **Thursday, April 30, 2026, from 3:00 PM to 6:00 PM**
- **Friday, May 1, 2026, from 7:00 AM to 8:30 AM**

Race numbers and the timing chip are personal and cannot be transferred or exchanged. They must be worn according to the technical regulations in a way that ensures they are fully and always visible; they must not be folded and must remain intact.

Bibs and the welcome pack can be collected by proxy through a written authorization, together with a confirmation email and a copy of the delegate's ID.

A representative of a sports club, with written authorization, may collect all athletes' race numbers and race packs in a single collection at the race office during opening hours. To arrange bulk pick-up, an email must be sent to giuseppe.paganelli@mgsport.it at least 10 days before the event starts.

BRIEFING

Attendance at the briefing is mandatory for all participants. The briefing will take place at "Piazza degli Ulivi" on **April 30, 2026 at 5:00 PM**.

(A summary of the briefing will be given on the morning of the race shortly before the start at the beach.)

BIKE CHECK-OUT

From 2:45 PM to 6:30 PM (After this time, bike storage will no longer be guaranteed).

MEDICAL ASSISTANCE AND ANTIDOPING

The organizing committee will provide adequate medical assistance along the course and at the finish area. The event's medical team will have the final decision regarding whether a competitor is fit to continue or must stop the race.

The use of so-called doping substances, i.e., substances that enhance performance, reduce the perception of fatigue, or are used for any other purpose, is strictly prohibited. Random anti-doping tests may be carried out without prior notice.



TIMING

Timing and results processing will be carried out using an active transponder system (CHIP), which will be handed out at the time of welcome pack collection. The device must be worn throughout the entire event on the ankle or in a position close to the ground.

Split times for each segment and transition times in the exchange zone will be recorded for every athlete.

The chip must be returned to the staff at the entrance of the transition area when collecting the bicycle. Athletes who do not start or who withdraw from the race must also return the chip in the same way.

Failure to return the chip will result in a charge of €40.00.

PRIZES/AWARDS

ChiaTRI Sprint and Olympic: the awards ceremony will take place at 2:30 PM on the stage located in Piazza degli Ulivi at the Chia Laguna Resort.

ChiaTRI Half: the awards ceremony will take place at 5:30 PM on the stage located in Piazza degli Ulivi at the Chia Laguna Resort.

The prize money follows the FITRI scheme (see FITRI 2026 Race Regulations) and is guaranteed accordingly. It will be split equally between men and women and applies only to the individual men's and women's races. The top male and female overall athletes will be awarded according to the number of prizes and percentages established in the FITRI 2026 regulations.

Prizes are based on overall classification and will only be awarded once all anti-doping test results have been confirmed.

Prize money is subject to Italian tax regulations. Any bank fees are the responsibility of each competitor.

The final prize money amount will be specified after registration closes. The organization reserves the right to make positive adjustments.

No awards are foreseen for the RELAY category.

In addition, the top 3 male and female athletes in each Age Group category will be awarded. Categories are as follows: YB (16–17), JU (18–19), S1 (20–24), S2 (25–29), S3 (30–34), S4 (35–39), M1 (40–44), M2 (45–49), M3 (50–54), M4 (55–59), M5 (60–64), M6 (65–69), M7 (70+).

Athletes awarded in the overall classification are excluded from age group awards.

Prizes must be collected during the award ceremony after official results are confirmed and must be collected personally by the rightful winners. Any prizes not collected during the ceremony will not be sent afterward.

GENERAL INFORMATION

Image rights

In accordance with Legislative Decree No. 196 of 30/06/2003 (“Personal Data Protection Code”), participants are informed that the personal data collected will be used solely to prepare the list of participants, the rankings, and the historical archive, as well as to provide event services and to send informational or promotional material related to “ChiaTRI” or its partners.

By registering for “ChiaTRI,” the athlete expressly authorizes the organizers, together with media partners, to use still or moving images in which they may appear during the race. These images may be used on any media platform, including promotional and/or advertising materials, worldwide and for the maximum period allowed by applicable laws, regulations, and treaties, including any possible extensions.

Event cancellation

Reference is made to Article 55.04 of the 2019 Technical Regulations and the FITRI 2026 Race Regulations available at <https://www.fitri.it/it/>

If the race is cancelled and/or postponed to another date, or in any case not held due to force majeure and/or reasons not attributable to the Organization, including withdrawal of authorization by competent public authorities, the registered participant shall have no claim against the Organizing Committee and/or Laguna Running SDD a RL and MG Sport Srl, neither for a refund of the registration fee nor for reimbursement of any expenses incurred or to be incurred.

Submission of the registration form constitutes acceptance of this clause and an explicit waiver of any claims arising from the cancellation and/or postponement of the race.

The organization reserves the right to modify the program, rules, regulations, and event locations at any time. Athletes will be informed of any changes prior to the event or, if necessary, at the time of the change when made in the interest of participant safety.

Chia, April 2026f