

## RACE REGULATION

### MILANO21 -10KM Non Competitive Race

Laguna Running SSDRL, in collaboration with MG Sport Srl, organizes the 8th edition of MILANO21, an international event on the distance of 10 km and 21,097 km taking place in Milan, Sunday November 23, starting at 09:00.

Upon completion of the races, a 10Km "Non Competitive" event will take place, with separate departure from the competitive races

#### CAN PARTICIPATE:

**10 km non-competitive:** with a "ludic-motor" characteristic, free passage and are open to all as long as holding a medical certificate of good health issued by a physician. Those who want to run the 10 km must have turned 16 yrs on race day.

The act of enrolment to the "Non Competitive" event, on a special form, constitutes handwritten statement that they hold as certificate and relieves the Organizing Committee from any liability.

Upon registration done with specific forms, all those wishing to participate in MILANO21 accept the declaration of liability, as reported:

*DECLARATION OF RESPONSIBILITY" I, the undersigned, aware of the penal sanctions provided in case of untruthful declarations and falsity in documents (art.26 law 15/68 and Article 489 of the Criminal Code. ) I declare: to have read and consequently to know, accept and respect the regulations of the "MILANO21 "; to be aware that participation in sporting events is potentially a risky activity if one is not adequately prepared and in suitable physical condition; to register voluntarily and to assume all risks deriving from my participation in the event: falls, contact with vehicles, with other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or damp, traffic and road conditions, all types of risks well known and assessed by me. Being aware of the above, considering the acceptance of my registration, I, on my own behalf and in the interest of no one else, release and discharge the Organising Committee of the MILANO21, Laguna Running SSDRL, MG Sport srl, the Municipality of Milan, the Province of Milan, Lombardy Region, the promoting bodies, all sponsors and organising partners of the event, the respective representatives, successors, officers, directors, members, agents, partners and employees of the above companies of all present and future claims or liability of any kind, known or unknown, deriving from my participation in the event. Upon acceptance of your registration in one of the events of MILANO21 the fee is non-refundable, even in the event of cancellation and / or postponed to another date or place for reasons of force majeure and / or reasons beyond and / or not related to the will of the Organizing Committee, including the withdrawal of the performance by the organs public expertise. By subscribing to the event, expressly authorize the Organizing Company, together with legal entities with whom it has professional and commercial relationships related and connected, the resumption of pictures of the event, the acquisition of the free right to use still or moving images on which I will appear, took during my participation in the competition on all visual media as well as promotional materials and / or advertising products and spread throughout the world and for the maximum time allowed by the laws, regulations, treaties in force, including all extension options It may be made to the period foreseen. I also declare that I have read the information available at the moment of privacy on the site [www.followyourpassion.it](http://www.followyourpassion.it) and having expressed my consent to the processing of personal data in the manner provided. The data provided will be treated in accordance with the rules laid down EU Regulation no. 2016/679 ("GDPR") and exclusively for the purposes set out in information published on the site [www.followyourpassion.it](http://www.followyourpassion.it). "*

**REGISTRATION AND PAYMENT:**

**Registrations** are open on the website <https://followyourpassion.it/milano21/>

**Fees\* for 10km NON-Competitive**

20 € until 31 march 2025

25 € until 30 june 2025

20 € until 31 october 2025

35 € until registration closes

\*fees above do not include commission fees

40 € on site on the 21 and 22<sup>nd</sup> of November, upon bib availability (no commission fee added)

Special enrolment fees are reserved for sports clubs and groups over 10 people. These organizations are asked to contact by e-mail [giuseppe@mgsport.it](mailto:giuseppe@mgsport.it)

The entry fee includes: bib with timing chip, race package with official technical t-shirt and sponsor products, refreshments and sponges on the route, final refreshments, insurance, finisher's medal, finisher's diploma downloadable from the website, technical and medical assistance.

We do not accept registrations without the athlete's complete details

**Online registrations will close at 23.59 on 20 November 2025**

The organizing committee reserves the right to close registration still at its sole discretion, even before this date. Registration fee must be paid online with credit card while entering the registration.

Registration for non-competitive events of MILANO21 can also be done in the following ways:

- Registration at Expo on Friday, November 21, from 2:00 p.m. to 7:00 p.m., Saturday, November 22 from 9:30 a.m. to 7:00 p.m. and Sunday, November 23 from 7.00 a.m. to 8.30 a.m., with cash and / or credit card. (on Sunday morning only registrations for non-competitive races will be possible, subject to availability)
- Registration at any other registration point.

**VIP Entry**

Athletes who wish to take advantage of exclusive services during the event can opt for VIP entry available for both distances of the race, at a cost of €100. Places are limited.

VIP entry includes the following benefits (under definition, possibility of modifications):

- Personalized souvenir pass with photo
- Fast track for bib pickup
- Dedicated locker rooms and bag storage
- Access to post-arrival Hospitality Area
- Possibility to pick up the bib on race morning (Sunday) for those coming from outside the province
- Reservation of t-shirt size and customization service
- Access to the first starting grid immediately after the elite athletes
- Exclusive gadgets
- Reserved restrooms



- Post-race massage service

**VIP registrations will close on Friday 14 November 2024 at 11:59 p.m**

### **Registration Confirmation**

A confirmation email will send to all registered athletes.

### **Registration cancellation, modification and transfer**

Athletes who have purchased the FLEXI option at the time of registration will be able to transfer to an FYP circuit race, transfer to the following year's edition and change distance free of charge by Monday 10 October 2025 by contacting **[ticket@followyourpassion.it](mailto:ticket@followyourpassion.it)** by e-mail.

The name change can be changed independently via the Personal Dashboard by Monday 10 October 2025.

In the event of a change of distance and transfer to a race on the FYP circuit, any difference in the entry fee will have to be paid. No refunds will be given for lower fees.

An athlete who has not purchased the FLEXI option will be able to make a change of distance or transfer to the new year's edition by paying a service fee of €15 by Monday 10 October 2025. A transfer to another race on the FYP circuit will not be possible.

All requests for change or transfer, regardless of the chosen fare, must be sent by e-mail to **[ticket@followyourpassion.it](mailto:ticket@followyourpassion.it)**.

Also in this case, payment of any difference will be required for the change of distance. There is no refund for lower fees.

### **Reimbursement of the registration fee**

The participation fee is not refundable under any circumstances for reasons attributable to the single person

### **SAFETY PLAN**

The Organizing Committee has prepared adequate health and safety plan in accordance with national regulations and in cooperation with local institutions, Police, Red Cross and Civil Defense.

### **RACE PROGRAM (\*preliminary program)**

#### **Bibs and race package collection**

You can pick-up your bib inside the expo area, Milan, at the organisational secretariat, on the following days:

- Friday 21 November, from 2 pm to 7 pm
- Saturday 22 November, from 9.30 a.m. to 7 p.m.
- Sunday 23 November, from 7.00 a.m. to 8.30 a.m. only for residents outside the province of Milan

The numbers can also be collected from third parties with written authorization and a photocopy of an identity document valid.

The race number is strictly personal, it cannot be tampered and is not transferable to anyone. Whoever is found inside the race with a bib number of another athlete or without a regular bib or a counterfeit one, he will be held responsible of damage to property and people, including himself, in addition to incurring the sports sanctions by federal bodies and the penalties provided by current legislation.

## **STARTING GRID**

The starting sector are marked with a special identifying colour, same as the one on the bib.

**4th sector GREEN:** 10km non competitive race

## **Timings**

The measurement of the times and the elaboration of the ranking will be carried out with transponder chip system.

The time of each athlete will be recorded electronically from his or her passage on the starting line at the start of the race, to his or her arrival with passage on the Finish line and with the partial times at certain kilometres. Any athlete who starts from a grid other than the one assigned will be liable for this offence and will be cautioned and monitored for any subsequent editions of the race in which he or she takes part. Athletes must participate in the race with the bib and the relevant Chip provided by the Organising Committee. Should an athlete participate with the bib and chip of someone else or should he/she also If an athlete takes part with someone else's bib and chip, he/she will be liable to disqualification and a report to the Federal Authorities.

## **Supplies and sponging**

There will be a refreshment at 5<sup>th</sup> km and a final refreshment in the finish area.

## **Time limit**

The time limit for the 10 km is 90'; beyond this time the organizing committee will not be able to guarantee the total closing of the race course.

## **Results**

It is a non-competitive event with no official ranking however timing will be available on the event website.

## **GENERAL INFORMATIONS:**

### **Health Service**

The organizing committee will guarantee an appropriate medical assistance on the course, at the start and finish line.

### **Services**

Bag deposit: present

Changing rooms: present

Showers: not present

### **Privacy and Image Rights**

In accordance with Decree. N ° 196 of 30/06/2003 ("Privacy Law") we inform you that personal data collected will be used only to prepare the list of participants, the ranking and the historical archive , to deliver the services of the event, for sending information material or advertising of " MILANO21" or its partners.

By subscribing to one of the tests of the event "MILANO21", the athlete authorizes the organizers, together with media partners, to use fixed or moving images, in which it may have been taken on the occasion of their participation the race on all media, including promotional and / or advertising materials, all over the world and for the maximum time allowed by the laws, regulations, treaties in force, including the extension options to be provided by law.

**Failure to carry**

If the race is cancelled and / or postponed to another date, or in any case, do not turn to force majeure and / or reasons beyond and / or not related to the will of the 'Organization, including the withdrawal of the performance by the competent public authorities, the member will have nothing to expect from the Organizing Committee and / or Laguna Running ssdl and Mg Sport srl, or for the return of the registration fee, or as reimbursement of any expenses incurred or to be incurred . The submission of the application form has the value of acceptance of this clause and expressly renounces any claim resulting in the cancellation and / or postponement of the race.

**Final Warning:** the organizing committee reserves the right to modify these rules at any time for reasons it deems appropriate for a better organization of the race. The event will take place with any atmospheric condition.

Milan, january 2025