

## **PeschieraTRI**

# **OLYMPIC NO DRAFT & SPRINT TRIATHLON**

### **Competition Rules**

Peschiera del Garda TRI, organized by Laguna Running SSDrl together with MG Sport, is an Olympic (no draft) and Sprint triathlon competition. It will take place in Peschiera del Garda (VR) on the 5-6 of October 2024

#### **ENTRY REQUIREMENTS**

- all male and female athletes, born in the year 2006 or earlier (for the sprint 2007 or earlier), FITRI (Italian Triathlon Federation) card-carrying members or for another International Triathlon Federation, in good standing for the year 2024;
- all Italian Male and Female Athletes, born in the year 2006 or earlier (for sprint 2007 or earlier), non-members and in possession of a sports medical certificate for competitive use (in accordance with the diagnostic examinations required by Italian law (D.M. 18/02/1982) bearing the wording "Triathlon" among the sports practised valid on the day of the race and a FITRI daily membership card at an additional cost of 20€ for Sprint or Olympic distance.
- All Foreign Male and Female Athletes, born in the year 2006 or earlier (for sprint 2007 or earlier), non-members of any national federation and who have submitted their medical certificate for triathlon issued by a doctor using this form (<https://followyourpassion.it/wp-content/uploads/2024/02/TRI-health-form.pdf>) and in possession of a FITRI daily license, with an additional cost of 20€ for Sprint and Olympic distance. (Daily License downloadable at this link: ([https://followyourpassion.it/wp-content/uploads/2024/02/ITA\\_Daily\\_License\\_2024\\_2\\_3.pdf](https://followyourpassion.it/wp-content/uploads/2024/02/ITA_Daily_License_2024_2_3.pdf)))

#### **Race Distances:**

- Olympic NO DRAFT: 1500mt swim, 40km bike  
10km run
- Sprint: 750mt swim, 20km bike e 5km run

#### **ENTRY REQUIREMENTS AND FEE**

Registration is open until 1<sup>st</sup> October h 23.59 online on the website <https://followyourpassion.it/en/peschieratri/>

#### **OLYMPIC distance NO DRAFT:**

Maximum fee: 80 €

#### **Fees:**

- 60,00€ until 31 March
- 65,00€ until 31 May
- 70,00€ until 31 August
- 80,00€ from 1st September to 1st October ;

#### **Fixed fees for categories:**



- Under23+S1 25,00€
- Junior € 15,00€

## Triathlon SPRINT

Maximum fees 65€

### Fees:

- 45,00€ until 31 March
- 55,00€ until 31 May
- 60,00€ until 31 August
- 65,00€ from 1st September to 1st October

### Fixed fees for categories:

- Youth B: 8€
- Junior: 15€
- Under 23-S1: 25€

### Combined Olympic + Sprint:

Registration fees

- 105€ until 31 August
- 120€ until 1st October

For clubs and groups, there are special conditions. Teams can contact organizers through the email [giuseppe@mgsport.it](mailto:giuseppe@mgsport.it) for any further information.

**Registration fee includes:** Race bibs, Swim cap, Stickers for personal belongings, Timing chip, welcome pack with the official event merchandise and sponsors samples, Course aid stations, Finisher recovery meal, finisher medal (only for Half Triathlon), Toilets, Insurance, Finisher's certificate (website download), Medical and technical assistance.

### Registration transfers and change

Athletes who have already registered but are unable to take part in the race have the opportunity to transfer their registration to another athlete who meets the participation requirements of these regulations. This can be done independently via the dashboard. The registered athlete, once in the registration dashboard, has to click on "TRANSFER REGISTRATION" and enter the email of the person to whom you want to transfer the registration. The person will receive an email with a link to enter all personal data and proceed with the payment of 7€ for the transfer handling fee. The name change can be done until 20 September 2024

It is also possible to change the race by transferring the registration already made to a different distance. In this case, any surcharge on the registration fee must be paid when collecting the bib. Differences in entry fees will not be reimbursed.

A change of race/distance must be requested by 20 September 2024 at [info@followyourpassion.it](mailto:info@followyourpassion.it) and will incur a charge of €7 for transfer handling costs in addition to the difference in fee.

## RACE SCHEDULE

### SATURDAY 5 OCTOBER 2024

From h 8.00 to h 11.15: opening race office and bibs and race pack distribution (Via Milano – Peschiera del Garda)

From h 10.00 to h 11.15: Check-in transition zone

h 11:45: starting of Peschiera TRI-Half Triathlon from Spiaggia dei Cappuccini on Lungolago Mazzini



h 12.30: Start of Peschiera TRI (Olympic NO DRAFT) from Spiaggia dei Cappuccini on Lungolago Mazzini

h 18.30: Awards Ceremony Peschiera TRI Olympic at race village in via Milano

## **SUNDAY 7 OCTOBER 2024**

From h 09:30 to h 12.00: Race office opening and bibs and race pack distribution (Via Milano near Porta Brescia)

From h 11.00 to h 12.30: Check-in in transition zone

H 13.00: Starting of Peschiera del Garda Triathlon (Sprint) – Lungolago Mazzini

H 15.30: Award Ceremony Peschiera TRI Sprint at Villaggio gara in via Milano

## **Courses and time limit**

### **Sprint and Olympic (NO DRAFT)**

**Swim:** 1 lap

**Bike:** 1 lap

**Run:** 2 lap

### **Swim cut-off:**

Olympic: after 45' from the start time of the last heat

Sprint: after 35' from the start time of the last heat

### **Closing of the transition area after the bike fraction:**

Olympic: after 2h25' from the start time of the last heat

Sprint: after 1h45' from the start time of the last heat

Maximum time for Olympic distance: 3h30'

Maximum time for the Sprint distance: 2h'40

Athletes must follow referees and officers directions and comply by the Italian traffic laws, during the all race. The right-hand rule will be followed. Although course with on closed roads, emergency, organization and local residents vehicles might be passing through, therefore traffic rules must be followed along the all course.

### **Refreshment and aid stations:**

**Run:** every 2,5km with water, salts, fresh fruit, energy bars and gels

**Arrival:** water, salts, fresh fruits

### **RACE GARBAGE POLICY:**

Empty cups, bottles and other containers must be thrown away in the designated areas, that will be indicated and located right after each aid station.

### **RACE BEHAVIOUR**

In order to guarantee safety during the race, it is prohibited to pass the central line of the road in the cycling and run course traversed both ways.

Race bib and timing chip are personal and can not be transferred or switched. They must be worn as established by the rules and being visible at any time; they can not be folded and must be kept intact. Bib number and race pack can be picked-up by another person through an authorization form and owner's ID.



## **Bike check-out**

When the last cyclist returns from h 16.30 to h 19.00

When the last cyclist returns from h 16.30 for Sprint

(After that time the bikes storage will not be guaranteed)

## **Medical assistance and anti-doping:**

Medical assistance will be provided along the course and after the finish.

Medical professionals will have the last word about athlete's ability to keep competing in the race.

The use of athletic performance-enhancing drugs is prohibited. Anti-doping tests will take place without notice.

## **Timekeeping**

The timing and processing of the rankings will be carried out using a system based on an active transponder (CHIP) which will be handed out when collecting the welcome pack. The device must be worn for the duration of the event on the ankle or in an otherwise close position to the ground. The partial times of each split and the transition intervals in the change zone will be recorded for each athlete. The chip must be handed in to the staff at the entrance to the change area when collecting the bike. Athletes who have not started or have withdrawn must also return the chip in the same way. **Failure to return the chip will result in a charge of € 40.00.**

## **AWARD CEREMONY**

The total prize money will be guaranteed in accordance with FITRI policies, and it will be distributed equally to the overall men and women taking part in the individual race.

Prize money will be distributed to the top athletes overall after antidoping test results.

Prize money is subject to Italian tax policies. Any bank fees will be borne by each athlete.

Please note that the final prize money allocation is subject to FITRI policies and changes and will be paid out based on the prize money allocation deemed correct by the FITRI and Race Committee at the time of payment.

Prizes will be awarded to the first 3 athletes in each age group category for both male and female athletes. Age group categories: YB(16-17) (only for sprint triathlon), JU(18-19), S1(20-24), S2(25-29), S3(30-34), S4(35-39), M1(40-44), M2(45-49), M3(50-54), M4(55-59), M5(60-64), M6(65-69), M7(70-74), M8(75-79), M9(80+).

## **GENERAL INFORMATIONS**

### **Image rights:**

According to the D.Lgs. n°196 del 30/06/2003 ("Testo Unico della Privacy"), personal information will only be used for start lists, results, archive, and to send information or promotional materials about the Peschiera del Garda TRI or its partners.

In registering to the Peschiera del Garda TRI, athletes authorize organizers and media partners to use images or videos taken during the race.

### **Event cancellation:**

Race organizers have the right to change the schedule, rules and race locations at any time. Athletes will be informed about changes before the event or at any time if changes are due to safety reasons.

For any other inquiry, please refer to the Fitri Regolamento Tecnico and Circolare Gare 2024, available on the website [www.fitri.it](http://www.fitri.it).

Peschiera del Garda, September 2024

