

FollowYourPassion[®]

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CHIA21

RULES for COMPETITIVE RACES

The 13th edition of the CHIA21 (km 21.097) is an international race organized by Laguna Running SSDrl and MG Sport. It will take place in Chia, Domus De Maria (SU), on Sunday on 27 April 2025, at h 9.30, together the competitive 10 km race.

ENTRY REQUIREMENTS:

Competitive races:

- Italian and foreign athletes who are FIDAL members in the following categories:
 - juniores (18/19 years old), promesse (20/22 years old)
 - senior (23/34 years old)
 - senior master M/F (35/39 years old and over)
 - Allievi (16/17 years old) – who can take part only in the 10km race
- Foreign athletes who are WA members and can provide:
 - an authorization by their national athletics federation to compete in races abroad (EU athletes)
 - an authorization by their national athletics federation to take compete in races abroad in addition to a proper visa (for non EU athletes)

Please note: Athletes who are WA members but do not register to the race through their federation or club must self-certify affiliation to WA.

- RUNCARD holders: Italian citizens and foreigners living in Italy, limited to persons aged from 20 years old; non-members for a company affiliated with FIDAL or for a foreign Athletics Club affiliated to the WA, or by an associated company (discipline Athletics) to a Sports Promotion Board possess a valid RUNCARD, issued directly by the FIDAL (www.runcard.com)

NB: The RUNCARD card is renewable. The validity period is shown on the card. If, during the control of the card, it is determined that the card has expired, the athlete may NOT participate, unless he is able to show the receipt of on-line renewal.

The participation with a RUNCARD, is subject to the presentation of a medical certificate. A paper copy of the medical certificate will need be handed over to the Organizer at the Race office during bib collection. For foreigners: only the medical form downloadable on the race website will accepted. These athletes will be regularly entered in the race standings, but will NOT enjoy refunds, bonuses and enter the prize money or money coupons.



- Athletes (Italian or Foreigners), registered for Society of Public Sports Promotion (Athletics discipline) that have signed a convention with FIDAL, only if in possession of a valid RUNCARD-EPS card (not expired)

Italian participants will have to submit the original medical certificate bearing the words "Athletics". A paper copy of the medical certificate will need be handed over to the Organizer at the Race office during bib collection.

For foreigners: only the Health Form downloadable on the race website will be accepted.

These athletes will be regularly entered in the race standings, but will NOT enjoy refunds, prize money or money coupons.

In accordance with the current legislation (DM 18/02/1982) those who practice competitive sports activities, must periodically check if they are suitable to the sport. Italian law requires that the parties involved must undergo health checks with following tests:

- medical examination,
- Complete urine examination,
- electrocardiogram at rest and after effort
- spirometry.

All statements and reports of examinations should be authentic or conform to the originals.

Participants in the events may be subject to doping control, they are also subject to the provisions of Article 25 of the Regulations for the Organization of Events 2020, where they are already subject to disciplinary suspension.

CAN NOT TAKE PART:

At sport event cannot participate:

- Athletes (male or female) registered to other federations (e.g. Triathlon)
- Athletes (male or female) registered to Entities of Sporting Promotion companies recognized by CONI but not affiliated with FIDAL, which have not signed the RUNCARD
- Holders of "Mountain and Trail RUNCARD"
- Medical certificates of competitive fitness bearing texts, such as running, running, running, marathon, triathlon, running etc. They are not valid for participation
- Medical certificates of athletic eligibility for other sports are not valid for participation: will be accepted only those who expressly be marked with "Athletics"

21KM Tourist-Sporting goals FOR FOREIGNER ATHLETES ONLY, NOT RESIDING IN ITALY

Foreign athletes, non-residing in Italy and not registered to any foreign Athletics Federation, who participate at the 21Km race for Tourist-Sporting goals can take part at the event without sending a medical certificate, but have to fill the Liability Waiver Form within the registration form.

They must be 18 or older on the day of the race.

These participants will be placed in an alphabetical order of arrival distinct from the classifications of the 21km competitive event and will not be able to benefit from prizes in kind, cash, value vouchers, bonuses, engagements, reimbursements of expenses of any kind.

All entrants taking part in the CHIA21 races accept the following waiver:

RELEASE, WAIVER OF LIABILITY AND AUTHORIZATION: "I declare under penalty of perjury (art. 26 l. 15/68 and art. 489 c.p.) that: I have read and understood the 'CHIA21' race rules; I recognize that participation



in the event is a potentially hazardous activity and I willingly assume all risks associated with such participation; I am aware that in registering to the event I must provide an active medical certificate for competitive athletics and be 18 years old on race day (16 for the 10 km); I am voluntarily entering and I hereby assume all of the risks of participating in this event: falls, contact with vehicles, other participants, spectators or other traffic, the effects of the weather, including heat and/or humidity, cold temperature, traffic and other conditions of the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the CHIA21, I, for myself and anyone entitled to act on my behalf, waive and release Laguna Running SSDrl, MG Sport srl, the Chia Laguna Resort, IHC Spa, FIDAL, Comune di Domus De Maria, Provincia del Sud Sardegna, Regione Sardegna, other partners, sponsors and their representatives, successors, shareholders, directors, officers and employees of the foregoing entities, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in the event.

I understand that the CHIA21 entry fee is not refundable, not even in the event of the race cancellation or postponement, or due to any reason that cannot be attributed to the organizers, including revocation by public authorities.

In registering to the event, I agree to allow my photo, video or film likeness to be used for any legitimate purpose by organizers, sponsors and assigns.

I certify that I have read the privacy document available on the official website www.followyourpassion.it and I that I have given consent to the use of personal data. Collected data will only be used for the purpose provided in the privacy document above, available on www.followyourpassion.it".

REGISTRATION AND ENTRY FEE:

Online registration on the website: <https://followyourpassion.it/chia21/>. These are the fees:

21km Competitive or 21km for tourist sporting goals:

- 30 € until al 31.10.24
- **the other fees are in process to be finalized*

10 km Non Competitive

- 20 € until al 31.10.24
- **the other fees are in process to be finalized*

*Prices above do not include commission or admin fees

Special deals can be granted to running clubs. Please contact giuseppe@mg sport.it for further information.

The registration fee to the CHIA21 includes: race bib, timing chip, race bag with official merchandise, sponsors merchandise, refreshment and sponging stations along the course and at the end of the race, toilets, parking, insurance, finisher's medal, finisher's certificate download, technical and medical assistance.

Online registration will close on 24 April 2025 at h 23,59

On-site registration will be available on Saturday April 26 (h 15-18), on Sunday April 27 (7.00-9.00) at the Expo Area located in the Convention Center of the Chia Laguna Resort. Payment accepted: cash or credit card. On site registration will be available for the non competitive races only

The organizing committee reserves the right to close registration before the above dates.

Registration Confirmation

LagunaLaguna Running SSDRL
Viale Viale Belvedere, Località Chia
09010 Domus de Maria (SU)
CF: 92 P.IVA: 03400890921
www.followyourpassion.it



Entrants will receive an email registration confirmation. In case entrant does not receive any confirmation email, please contact info@followyourpassion.it

Registration fee refund

Registration fee is not refundable.

RACE SCHEDULE:

Race bib pick-up

Saturday, April 26 - from 15-18

Sunday, April 27 from 7.00-9.00

At the Expo Area located inside the Conference Center of the Chia Laguna Resort. The race bib will be delivered together with the race goodie bag.

Race number will be assigned based on the date of registration (first come first serve with a lower bib number).

Race bib can be picked-up by a third person, providing a written authorization and ID copy. Running clubs who make registrations through a collective form can request (at registration time) a collective race bib pick-up by a club representative; in this case race bib will not be delivered to single participants.

Race bib is strictly personal, cannot be rigged or transferred to anyone. Any participant found in the race course with a race bib assigned to another athlete or without any bib or with a forged one will be responsible for damage to himself, other people or items, and will incur in a sanction by the athletics federation officials.

START CORRALS

The **start corral** (based on best time claimed at registration) is determined by the color on the race bib as follows:

1st corral BLUE BIB – Half marathon and 10 km competitive: top runners and athletes with a PB under 1h44'59 and 49'59"

2nd corral YELLOW BIB – Half marathon and 10 km competitive: athletes with a PB under 1h45'00 and 50'00

Timing

All entrants will be provided with a timing chip. In case timing chip is not disposable, it must be returned at the end of the race. There is a € 20,00 fee for any unreturned chip.

Refreshment and sponging stations

As per WA/FIDAL rules. A final refreshment is also provided at the end of the race.

Time limit

Half marathon: 2h45' . For 10 km: 90'. After this time the organizing committee will not be able to guarantee the course on closed roads.

Pacers

Pacers will be provided in the half marathon distance (1h30', 1h40', 1h50' and 2 h pace).

Results

Will be available at the end of the race on the event official website.

AWARDS:

For 21,097 km and 10km: first 5 overall athletes -men and women (merchandise awards). The awards ceremony will take place on the awards stage upon official results.



Overall awards cannot be summed up with age group awards.

Age group awards (21,097 km only): first 3 athletes in each category (merchandise awards):

Women

SF35, SF40, SF45, SF50, SF55, SF60 ed SF65 and over

Men

SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75 and over

These awards can be picked-up at the office located at the Expo upon the official results and by winners only, that must provide the FIDAL membership card.

Awards not picked-up at this time will not be delivered at a later time.

RUNCARD members will be included in the results but will not be granted money prize awards.

PRIZES

RUNNING CLUB WITH BEST TIME * in process of definition

RUNNING CLUB WITH MOST PARTICIPANTS * in process of definition

GENERAL INFORMATION

Claims

Claims must be submitted verbally to the referee, or in writing, by 30' from the results publication, together with a € 100,00 (one hundred) fee that will be refunded in case the claim is accepted.

ID check

The referee can check the athlete's FIDAL membership card and ID. In case the athlete is not able to provide any documents, a membership declaration form must be filled in by the athlete's running club, that can be signed by adult athletes.

Medical assistance

The organizing committee will provide a proper medical assistance service on the course and at the start and finish.

Transfer / change of registration

Cancellation, modification and transfer of registration Athletes who are regularly registered but unable to participate may transfer their registration to another athlete, provided that the latter meets the participation requirements stated in the rules. It is also possible to change one's race by transferring the entry to a different distance. Name changes are free for athletes who purchased the FLEXI option at the time of registration. If the distance is changed, any difference in the registration fee will need to be paid. Differences for lower fees will not be refunded. All requests for distance changes must be emailed to info@followyourpassion.it by April 14, 2025.

Athletes who have not purchased the FLEXI option can still request a change of name or distance, with the payment of a €15 service fee. Again, payment of any difference will be required for the distance change. There is no refund for lower fees. All requests for distance changes or transfers must be emailed to info@followyourpassion.it by April 14, 2025.

The registration fee is not refundable under any circumstances for reasons attributable to the individual registrant.

Privacy and image rights

According to D.Lgs. N ° 196 of 30/06/2003 (Testo Unico sulla Privacy/Privacy Law), personal data collected will only be used in the participants list, the ranking and the historical archive, to deliver the

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services of the event, for sending promotional or advertising material concerning the event or its partners. By registering to the CHIA21 Half Marathon, entrants expressly authorize the organizers, as well as all legal subjects with whom the organization has professional and/or trade relations, to use free of charge pictures or videos in which they may appear. Authorization is unlimited and may be used worldwide and at any time.

Event cancellation

The registration fee will not be reimbursed in case the event is cancelled, postponed or not carried out due to force majeure or reasons not attributable to the organization, including the withdrawal of authorizations by the institutions. There will be no refund of the registration fee as well as of any other expenses incurred to the participant. This clause is accepted by the entrant in registering to the race.

Please note: the organizing committee reserves the right to change these rules at any time for reasons that will consider appropriate in order to provide a better race, upon FIDAL agreement. The event will take place with any weather conditions. Please refer to 'Regolamento Tecnico Internazionale e statutario della FIDAL e del G.G.G.' for further rules non included in this guide.

Chia, September 2024