



## RACE REGULATION LA MONTBLANC GRANFONDO

LAGUNA RUNNING SSDRL Associazione Sportiva Dilettantistica organizes the 11th edition of "LA MONTBLANC Granfondo" on June 9, 2024.

The event is included in the National calendar and ACSI (Italian Sports Centers Association - Sports Promotion Body recognized by CONI).

### CAN PARTICIPATE

The event is open to all those who have reached the age of 18 years, of both sexes, FCI card-carrying members and Sports Promotion Bodies that have signed the agreement with FCI for the year 2024. Participation is also subject to the regular possession of the following requirements:

- for F.C.I and Sports Promotion Entities registered athletes in possession of sports medical fitness for the practice of competitive cycling and foreign cyclists in possession of U.C.I. license valid for the year 2024, issued by their National Cycling Federation, or upon presentation of ethics certification in English and certificate of fitness drawn up according to the model available online on the federation website (<https://www.feder ciclismo.it/it/infopage/certificazioni-di-idoneita-alla-pratica-sportiva/1d2200df-1b97-4c5a-9ea8-f406265ff564/>). Open to members of entities that present the Bike Card together with their entity's card.

- All non-members for whom a daily ACSI card will be activated at a cost of Euro 10.00 for "third party liability" insurance coverage during the event. For the issuance of the daily card, a valid sports medical certificate (certificate for cycling) must be presented regardless of the route chosen.

The daily card for all non-members from Italy and abroad must be applied for at the time of registration.

### ETHICAL REQUIREMENT

By signing the registration, the competitor self-certifies the non-existence of sports, civil and/or criminal sanctions, even if served, for facts related to doping and declares that he/she has not taken-and does not take-substances included in the World Antidoping Agency (WADA) anti-doping list. False self-certification will be prosecuted according to law.

### ROUTES

#### Gran Fondo Route

116 km (elevation gain 3. 210 mt) - Start in Courmayeur (Mont Blanc Avenue), La Palud, Pré-Saint-Didier, Morgex, La Salle, Runaz, Arvier, Introd, Saint-Pierre, Saint Nicolas, Charbonniere, Runaz, La Salle (take detour villaret), La Salle center, Chaffieron, Les Places, La Salle, Morgex, Colle San Carlo, La Thuile, Pré-Saint-Didier, Palleusieux, finish in Courmayeur (Mont Blanc Avenue).

#### Medio Fondo Route

88 km (elevation gain 2. 030 mt) - Depart Courmayeur (Viale Monte Bianco), La Palud, Pré-Saint-Didier, Morgex, La Salle, Runaz, Arvier, Introd, Saint-Pierre, Saint Nicolas, Charbonniere, Runaz, La Salle ((take villaret detour), La Salle center, Chaffieron, Les Places, La Salle, Morgex, Lavancher, Dailley, Pré-Saint-Didier, Palleusieux, finish in Courmayeur (Mont Blanc Avenue).

Each competitor has the right to choose the route that suits him/her, and this choice may be made during





the course of the trial at the unquestionable judgment of the participant. With the transit of the "Start of the Race" car until the transit of the "End of the Race" car, no cyclist, companion or other person may enter and/or queue, under penalty of immediate exclusion. In addition, in case of accidents or damages caused to regularly registered athletes, those responsible will be reported according to law.

## **REGISTRATION AND PAYMENT:**

Circuit Registration

LA MONTBLANC Granfondo belongs to the Follow Your Passion circuit ([www.followyourpassion.it](http://www.followyourpassion.it)) and the Specialized Granfondo Series circuit ([www.granfondoseries.it](http://www.granfondoseries.it))

Registration is open until June 6, 2024 at 11:59 p.m. and it is possible to register online via [www.followyourpassion.it](http://www.followyourpassion.it) in the race section or on-site at the indicated times. A valid F.C.I. or National Council member Sports Promotion Entities membership card for 2024 will be required at the time of collecting the dorsal and bike number.

## **REGISTRATION FEES SINGLE:**

- 50.00 € until 12/31/2023
- 55.00 € up to 29/02/2024
- 60.00 € until 30/04/2024
- 70.00 € until 06/06/2024
- 80.00 € on site

\*Prices above are net of commission fees and admin fees

Discounted conditions are available for sports teams, You can contact the organization at the e-mail address [giuseppe@mg sport.it](mailto:giuseppe@mg sport.it).

The registration fee includes: race dorsal and bike number, insurance, technical and medical assistance, race pack containing FollowYourPassion products and offered by sponsors, refreshments along the route, timing service, shower area, participation in the pasta party, participation diploma (for classified athletes) downloadable within the website [www.followyourpassion.it](http://www.followyourpassion.it) in the section dedicated to the race.

No race packet is guaranteed for registrations received within 10 days of the event.

## **Closing of entries:**

Online registration will be closed at 11:59 p.m. on Thursday, June 6, 2024.

On-site registrations are possible at the Race Office at the "Courmayeur Forum Sport Center" on Via dello Stadio in Courmayeur (AO) during the following times:

- Saturday, June 8, 2024 from 11:00 a.m. to 7:00 p.m.
- Sunday, June 9, 2024 from 06:30 a.m. to 07:15 a.m.

The organization reserves the right to close registrations early when it deems that the safety requirements are no longer met and to award an additional 10 wild cards at its discretion. Participants must have submitted all required data (personal information, membership or medical certificate) within the month prior to the event (or at the same time when registering) otherwise registrations will be automatically cancelled.

## **Confirmation of entries**

**Laguna Running SSDRL**  
Viale Belvedere Località Chia  
09010 Domus de Maria (SU)  
CF: 92186850928 - P.IVA: 03400890921  
[www.followyourpassion.it](http://www.followyourpassion.it)





The Organizing Committee will send a formal registration confirmation document to all registrants via e-mail. If the confirmation email does not reach the registrant, the registrant should contact the registration secretariat at [info@followyourpassion.it](mailto:info@followyourpassion.it).

### **Refund of the registration fee**

The participation fee is not refundable under any circumstances for reasons attributable to the individual registrant

### **Change of membership or participant name**

Only in case of an injury, against a submitted medical report, it is possible to keep the membership valid for the following year against a payment of a secretarial fee of 7€ , the interested party should contact the enrolment secretariat at [info@followyourpassion.it](mailto:info@followyourpassion.it). It is also possible to transfer the registration to a new member (name change), again against payment of a secretarial fee of 7€. It is necessary to contact the enrolment secretary's office at [info@followyourpassion.it](mailto:info@followyourpassion.it) to receive the arrangements for making the change.

## **RACE PROGRAM:**

### **DELIVERY OF RACE DORSAL AND PACKS**

The race dorsal is strictly personal, cannot be tampered with and is not transferable to others. Carefully fill out the back of the race dorsal number in its entirety. The exact indication of diseases or intolerances will help the doctors in case of need. The exact indication of other information will help the Organizing Committee in emergency management. Following the license verification, the dorsal, bike number, race pack can be collected, upon presentation of the registration confirmation email and valid ID, at the "Courmayeur Forum Sport Center" in Via dello Stadio in Courmayeur (AO) on the following days and times:

- Saturday, June 8, 2024 from 11:00 a.m. to 7:00 p.m.
- Sunday, June 9, 2024 from 06:30 a.m. to 07:15 a.m.

The race pack can also be picked up by a third person, with a written proxy, a letter of confirmation from the delegate and a photocopy of a valid ID. The back number placed on the left side and bike number must be compulsorily worn for athlete recognition. The front number must be mounted prominently on the handlebars of one's bicycles, under penalty of exclusion from the time classification.

### **Start and starting grids**

The participants, divided into the different starting grids, will have to pass on the special starting mat for timekeeping. The Organizing Committee will arrange access entrances to the starting grids from the confluent side streets, marked by appropriate signs.

The starting grids will be assigned as follows.

### **GRID DORSAL**

Red Grid 1 - 200

Blue Grid 201 - 450

Orange Grid 451 - 1050

Yellow Grid 1051 - 1500



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In order to facilitate the athletes' entry into their respective sectors, the race ridges will be marked with a specific color corresponding to the sector sign. It will be possible to change the chosen distance even during the race without any problem, except for cycloports and masters 8 who will be able to run only mediofondo route.

## START

Start and finish: Viale Monte Bianco

GRID entry: from 7:00 a.m.

BRIEFING June 9, 2024 at 07:40 a.m. in Viale Monte Bianco

Start time: Sunday, June 9 at 8:00 a.m.

## INFORMATION

Hospitality: affiliated hotels on our website (under Accomodation section)

Race packet: included, with technical gadget

Getting there: by plane Turin Caselle (1h30), Milan Malpensa (2h00) and internationally Geneva (1h30); train line serving the resort is the Chivasso - Aosta.

## MAXIMUM TIME

Maximum time for routes by 3:30 pm.

Beyond these deadlines, participation will not be considered valid; participants can consult the timetables indicating the running time for the three routes within the website [www.followyourpassion.it](http://www.followyourpassion.it).

## CLOSING GATE AND/OR TIMES

For participants in the 116-km granfondo route, as there is only one route deviation, there will be a closing gate in the vicinity of it, which will be placed in the locality of Morgex - road of Villair (km 83.00 ; h 12:37:59 at an average of 20 km/h as per the time table, rounded up to 12:40:00).

All competitors who do not pass in good time at the above-mentioned gates will be diverted to the medium cross-country route.

## ROAD CODE

The Montblanc Granfonfo is a Competitive/Competitive/CycloSPORTING event, therefore the strict respect and observance of the Highway Code applies, vehicular traffic during the event is partially closed.

## END OF RACE

All participants passed by the "End of Cycling Race" car (equipped with no.2 yellow/orange flashing lights, rectangular panel bearing the words "End of Cycling Race" and no.1 fluorescent orange flag) will continue the event as individual cyclists while still keeping the back on the back strictly observing the Highway Code.



## WITHDRAWN ATHLETES

"Broom" vehicles are provided for the recovery of withdrawn athletes. The "broom" vehicles will follow the event after the Event End vehicle - and transport the athletes and bicycles to the finish area.

In case of withdrawal, the athlete is obliged to remove the race chip from the bike and hand it over to the organization staff closest to the place of withdrawal who will inform the contact person of the bib number.

The withdrawn athlete who decides not to wait for the "broom" staff to return to the finish line must comply with the Highway Code and assumes any responsibility as he/she is to be considered out of the race.

## HELMET

The use of an approved helmet is mandatory

## RECOMMENDED EQUIPMENT

All participants must be equipped at the start with:

- A set of tools for tire/tubular disassembly;
- A spare inner tube/tubular;
- A pump/tube to inflate the tires;
- Suitable clothing and a windproof/rainproof jacket;

## AWARDS:

The awards will take place in the Courmayeur Forum Sport Center's Ice Palace, an area used for ceremonial and "pasta party."

Prizes will not be sent home. Proxies to other persons for prize collection will not be accepted.

## ACSI NATIONAL CATEGORIES:

### MEN Categories.

Junior years 19-29 (2002 - 1992)

Senior 1 years 30-34 (1991 - 1987)

Senior 2 years 35-39 (1986 - 1982)

Veterans 1 years 40-44 (1981- 1977)

Veterans 2 years 45-49 (1976 - 1972)

Gentleman 1 years 50-54 (1971 - 1967)

Gentleman 2 years 55-59 (1966 - 1962)

Supergentleman A years 60-69 (1961 - 1952)

Supergentleman B years 70-75 (1951 - 1946) For Mediofondo events only.

### WOMEN Categories

Woman 1 years 19-39

Woman 2 years 40-49

Woman 3 years 50-75

- Prizes will be awarded to the top 3 male and top 3 female finishers in the long and medium course



categories.

SPORTS COMPANIES.

Awards will be given for kilometers covered within the maximum time.

## **FINAL RANKING**

An overall ranking and a category ranking as well as team ranking will be drawn up with the criteria already described. The rankings and finishing order of "LA MONTBLANC Granfondo" will be available on the website [www.followyourpassion.it](http://www.followyourpassion.it)

## **TIMING**

Timing will be carried out by Evodata, based on the use of "chips". Each participant must have a valid personal chip or a daily rental chip.

## **USABLE CHIPS:**

- PERSONAL CHIP
- DAILY CHIP for hire

## **PLEASE NOTE.**

Indicate the personal chip code on the registration form.

Chips and/or related qualifiers can be purchased at [www.evodata.it](http://www.evodata.it) or at the "Chip Point" of the race. The daily chip can only be rented at the Race Chip Point at a cost of €5.00 plus €5.00 as a security deposit. The deposit will be returned upon return of the chip, which must be done at the Chip Point itself, within 15 minutes after the end of the race. Updated prices and conditions regarding chips can be found at [www.evodata.it](http://www.evodata.it)

Failure to use or incorrect use of the CHIP will result in non-inclusion in the ranking and non-attribution of the time taken.

## **LOCATIONS**

They will be set up at the start, finish and along the two routes. The management of the controls will be entrusted to authorized personnel. Those who anticipate the start or take the start without performing the start control will be excluded from the final classification and sanctioned according to F.C.I. regulations.

## **REFRESHMENT, WATER AND MECHANICAL POINTS.**

Refreshment, water and mechanical points will be set up and organized along the route for cyclists wearing the race dorsal only

## **CROSSROADS GARRISON**

Organizational staff, A.S.A., Civil Defense, Alpini and volunteers will ensure the garrison and control of the crossroads and the most challenging points of the route in agreement and collaboration with the Police.

Please note that the traffic closure time is set by Prefectural Ordinance for 30' counted from the car of the start of the race to the car of the end of the race. Cyclists are required to observe the Highway Code at all times and are obliged to abide by it once they are overtaken by the End of Cycle Race car.





Please refer to the ACSI regulations for cycling events for any further information.

## **THEFT**

The Organizing Committee is not responsible for possible theft of bicycles left unattended.

## **ASSISTANCE**

There shall be an adequate number of mechanical and medical assistance means with fixed and mobile stations during the event, therefore assistance by private means following the race is not allowed, under penalty of disqualification of the athlete.

## **ACCOMPANYING MEANS**

Only the organization's vehicles with appropriate markings will be allowed in the race (provided for the race direction, jury, mechanical and technical assistance, medical service, half broom). The Traffic Police, Technical Escort, Motorcycle Relays authorized by the organization, will precede and escort the participants during the race on all race routes

## **HEALTH SERVICE**

The Organizing Committee will prepare an adequate medical service on the route and at the start and finish points with fixed stations, medicalized ambulances, rescue volunteers, guaranteed by 118 and helicopter rescue in case of need. The emergency number for all participants to call exclusively in case of a serious emergency during the race is 118.

## **EMERGENCIES**

Contact the medical number in charge of the Organizing Committee: 3491333589.

## **WASTE**

All those caught littering along the route will be reported to the Jury and excluded from the final standings. Participants are urged to maintain a decent attitude while running and during the start operations.

## **INFORMATION AND HOSPITALITY**

For information regarding "LA MONTBLANC Granfondo" and for all information regarding food and lodging in hotels, affiliated restaurants and more please consult within the website [www.followyourpassion.it](http://www.followyourpassion.it) the section dedicated to the race.

## **INSURANCE**

Participants in "LA MONTBLANC Granfondo" will be covered by insurance conventions stipulated by ACSI and the Organizing Committee.

## **COMPLAINTS**

Any complaints must be addressed to the race jury within the terms of the regulations and accompanied by the fee provided by ACSI regulations

## **DECLARATION OF LIABILITY**

*"I, the undersigned, for myself, my heirs and executors, aware of the penal sanctions provided for in case of untruthful statements and falsity in deeds (art.26 l. 15/68 and art. 489 penal code. ) I declare: that I have read and consequently know, accept and respect the regulations of "LA MONTBLANC Granfondo 2024"; that I am aware that participation in competitive sporting events is potentially a risky activity if one is not adequately prepared and in suitable physical condition; that I am aware that in order to register one must be in possession of a valid medical certificate of fitness for*



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*competitive sporting activity for cycling and be at least 18 years of age on the date of the event; that I am registering voluntarily and I assume all risks arising from my participation in the event: falls, contact with vehicles, other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or wet weather, traffic and road conditions, any type of risk well known and assessed by me. Being aware of the above, considering the acceptance of my registration, I, on my own behalf and in the interest of no one else, release and discharge the Organizing Committee of the event LA MONTBLANC Granfondo, Laguna Running SSDRL, MG Sport srl, ACSI, the Municipality of Courmayeur starting site and all other municipalities crossed by the race route, the Province of Aosta the Aosta Valley Region, the promoting bodies, all sponsors and organizing partners of the event, their respective representatives, successors, officers, directors, members, agents, collaborators and employees of the above companies, of all present and future claims or liabilities of any kind, known or unknown, arising from my participation in the event.*

## **PRIVACY AND IMAGE RIGHTS**

Pursuant to Legislative Decree No. 196 of 30/6/2003, prior to registration the athlete is required to read the documentation on the protection of privacy, available on the website [www.followyourpassion.it](http://www.followyourpassion.it) and to express his consent to the processing of personal data, in the manner provided. The data provided will be processed in accordance with the rules laid down in Legislative Decree No. 196 of 30.6.2003 and used exclusively for the purposes provided for in the information published on the website [www.followyourpassion.it](http://www.followyourpassion.it).

By registering for the "LA MONTBLANC Granfondo", the athlete expressly authorizes the Organizing Company together with the legal entities with which it has professional and commercial relationships relating to and connected with the filming of images of the event, to the free acquisition of the right to use the still or moving images on which I may appear, taken on the occasion of his participation in the competition on all visual media as well as on promotional and/or advertising materials produced and disseminated throughout the world and for the maximum time provided by the laws, regulations, treaties in force, including any extension that may be made to the period provided.

## **CANCELLATION AND/OR SUSPENSION OF THE EVENT**

In the event that the race is cancelled and/or postponed to another date, or in any case, not held for reasons of force majeure and/or reasons not attributable and/or not referable to the will of the Organization, including the revocation of the authorization to the holding by the public bodies of competence, the member will have nothing to claim from the Organizing Committee and/or Laguna Running SSDrl and MG Sport Srl, neither for the return of the registration fee, nor by way of reimbursement of any expenses incurred or to be incurred. The submission of the application form has the value of acceptance of this clause and express waiver of any claim resulting from the cancellation and/or postponement of the race.

Please note: The Organizing Committee reserves the right to modify these regulations at any time for reasons it deems appropriate in order to better organize the race, subject to authorization from the F.C.I. The event will be held in all weather conditions. For anything not provided for in these regulations, the technical statutory rules of the ACSI Cycling Technical Regulations shall apply.

These regulations may be subject to changes and/or additions, and/or prescriptions as provided for and/or imposed by national and/or local pro tempore legislative and regulatory regulations in force.

Courmayeur, November 2023

