

BERGAMO Urban Night TRAIL 2024 - Distance 12,50 km

Laguna Running ssdrl (hereinafter Organizing Committee) organizes the 7th edition of "BERGAMO Urban Night TRAIL," a non-competitive event.

Date: SATURDAY, February 3, 2024
Departure: GiacomoMatteotti Square
Arrival: Piazza Giacomo Matteotti
Distance: 12.5 kilometers
Official website : www.followyourpassion.it

Art. 1.

- 1) BERGAMO Urban Night TRAIL: 12.5-kilometer running experience that winds through the history, nature and beauty of Bergamo (distances and elevation differences may change depending on weather conditions, route safety and permissions).
- 2) The route is 70% asphalt, cobblestone and paved road has dirt sections and sections with steps.

The event will be held on Saturday, February 03, 2024 with start at 6 pm.

PROGRAM AND SCHEDULE

Saturday, February 03, 2024

DEPARTURE / ARRIVAL: Piazza Giacomo Matteotti
RACE OFFICE: Via Sentierone
- 2:00 p.m. to 5:30 p.m. Bib pickup
- 17.45 Briefing
- 18.00 Departure BERGAMO Urban Night TRAIL
- 19.10 Expected time of first arrivals
- 20.30 End of course presidium
- 19.00 to 21.00 Final Refreshment - BERGAMO Urban Night TRAIL
- 21.30 Closing BERGAMO Urban Night TRAIL

Art. 2 PARTICIPATION REQUIREMENTS.

An event such as an Urban Trail, especially if at night, requires arrangements and equipment that allow maximum visibility, and therefore safety, along the trail for all participants. For this reason, the Organization, in compliance with the Administration's request, requests the collaboration of all Athletes so that they show up with suitable equipment. A small common effort that will then allow us, in the years to come, to be able to repropose BERGAMO Urban Night TRAIL

All athletes over the age of 18 M/F can participate in the BERGAMO Urban Night TRAIL.
To participate it is essential to:

- be fully aware of the technical difficulties of the route (many uphill sections), the specificity of the trial and be physically ready to face it.
- To have acquired, prior to the race, a real capacity for personal autonomy that allows one to handle



the problems created by this type of trial and in particular, given the season, the weather conditions that could become difficult (wind, cold, rain or snow)

Art. 3 - ENROLLMENTS.

Online registration will close at midnight on January 31, 2024.

Registration will be available on race day. We advise all registrants to show up equally with the mandatory material for possible checks by the organization.

In case of:

- inability in identity checks
- lack of the mandatory material

THE ATHLETE WILL NOT BE ABLE TO PARTICIPATE IN THE INITIATIVE.

REGISTRATION METHODS

On-line registration from the website www.folloyourpassion.it

PARTICIPATION FEES

16.00 € until October 15

20.00 € from October 16 to November 10

22.00 € from November 11 to November 30

25.00 € from December 1 to January 31

*registration fees above are net of commission / admin fee

The registration fee includes: race bib - assistance and refreshments along the route - race packet - post-race refreshments - gadgets - time display

By paying an additional amount of 7€ it is possible to have in the race pack a lighted faceplate, which is mandatory to run the race

IMPORTANT

AT THE COLLECTION OF THE BIB MUST BE SHOWN AN IDENTITY DOCUMENT AND THE MANDATORY MATERIAL.

Art. 4 - DEPARTURE.

Competitors must voluntarily report to the start on February 03, 2024 by 5:45 p.m., the start will be given at 6:00 p.m. The organization is not responsible for any early start and/or material and personal items left unattended.

Art. 5 - SAFETY CONTROL AND WEATHER.

There will be security personnel on the course in contact with the race organizing committee. Medical assistance is provided by 1 Ambulance present with medical personnel on board. There may be checkpoints where it is mandatory to pass through under penalty of disqualification. The organization also reserves the right to modify, suspend or cancel the race should weather conditions endanger the safety of participants, volunteers or rescuers.

Art. 6 - MAXIMUM TIME.

The maximum time to reach the finish line is 2h 00. Beyond this limit, the safety of the athletes will not



be guaranteed. There will be a "broom service" that will run along the course following the last competitor, so as to be of help to any retreatants and to prevent any injured from being left without assistance.

Art. 7 - REFRESHMENTS

Two refreshment points will be provided along the route. It is strictly forbidden to leave any kind of material along the route. Failure to comply with this rule will result in immediate disqualification from the competition. Special containers will be provided in the refreshment areas where any waste can be thrown.

Art. 8 - STATEMENT OF LIABILITY.

Participation in BERGAMO Urban Night TRAIL implies on the part of the registered competitor, acceptance in all its parts and without reservation, of these regulations. By registering, each competitor agrees to abide by these regulations and releases the organizers from all civil and criminal liability for any accident for damage to persons or property caused to him or by himself, which may occur during the event. The registered athlete declares that he/she has carefully read and evaluated the contents of this document and clearly understood the meaning of each point at the time of registration. The athlete consents to the processing of personal data in accordance with Law No. 196/2003, and authorizes the organization to use, free of charge, without territorial or time limits, still and moving images on the occasion of participation in BERGAMO Urban Night TRAIL.

Art. 9 - SERVICES.

The services available to athletes will be: refreshments, bathrooms, bag storage.

Bag Deposit

Together with the bib you will receive a sticker with your race number, which must be affixed to the athlete's bag/bag .

The bag, duly numbered, will be collected, kept and returned at the end of the race at the duly marked "DEPOSIT BAGS" area. You are advised not to leave any personal belongings (mobile phone, wallet, etc.) inside the bags. The organisation will not be liable for any theft.

The bag depot will be set up at

Liceo Artistico Statale Giacomo e Pio Manzù, Via Torquato Tasso, 18, 24121 Bergamo, 150 m from the start and finish of the races

Timetable:

Saturday 16:00-21:00

Sunday 7:30-13:00

Changing rooms and showers

Will be available at Liceo Artistico Statale Giacomo e Pio Manzù, Via Torquato Tasso, 18, 24121 Bergamo. 150 m from the start and finish of the races

Timetable:

Saturday 16:00-21:00

Sunday 7:30-13:00

Art. 10 - MISCELLANEOUS.

The organizing company reserves the right to modify or substitute at any time, the articles of these regulations.



Art. 11 - CANCELLATION OF REGISTRATION.

There are no refunds of the registration fee. No fee will be refunded due to cancellation not attributable to the organization (example: adverse weather events). Name changes can be made no later than January 19th at a cost of €7.00

Art. 12 - MATERIAL**

Must be carried along the entire race route:

MANDATORY MATERIAL:

- Running shoes (preferably for Trail)
- Headlamp (faceplate), suitable for a night run and/or walk
- Charged, energy-saving cell phone with emergency number provided by the organization.

STRONGLY RECOMMENDED MATERIALS:

- Food reserve (energy bar, gel, etc.). - Water reserve 250ml - Long-sleeved shirt or muffs - Hat or bandana - gloves

** the organization reserves the right to cancel the registration based on the material the athlete has on hand

Art. 13 - PARTICIPANTS.

Are considered PARTICIPANTS in the BERGAMO Urban Night TRAIL and therefore regularly registered, with the relevant insurance coverage:

- ONLY THOSE WHO ARE IN POSSESSION OF THEIR RACE BIB CLEARLY VISIBLE AND IDENTIFIABLE
- ONLY THOSE WHO ARE IN POSSESSION OF THE OBLIGATORY MATERIAL

All those who participate without a race bib and/or without having confirmed their registration and/or without having the obligatory material and having been accepted by the organization are to be considered extraneous to the event and therefore the organizers are not responsible for any eventual accident for damage to persons or property caused to him/her or by him/her, which may occur during the event.

Art. 14 – TIMING

Registration gives right to the bib with a Chip for timekeeping, being a non-competitive event no ranking will be drawn up.

Art. 15 - EVENT DEVELOPMENT.

It will take place following the directions that will be given by the organization. Having ascertained the number of participants, the start will be carried out based on the indications of the police and institutions, fully respecting the code of the road, to ensure the safety of the participants and all persons involved. Participants will be guided and supported along the route by clearly identifiable personnel coordinated by the organization to indicate the route and ensure all the safety rules provided.

DATA PROCESSING REGULATIONS

Pursuant to Article 13 of Legislative Decree No. 196 of June 30, 2003. we inform you: a) that the data

contained in the registration form are required for the registration, to prepare the list of participants, the ranking, the historical archive, to carry out the services declared in the regulations and to send information material of the BERGAMO Urban Night TRAIL and subsequent or its partners; b) that the consequences of failure to provide the above data or information consist in the non-admission to the event; c) that the rights of the interested party in relation to the processing of personal data are listed in Article 7 of the above mentioned D.L.vo n.196/03". At any time the interested party may consult, modify, delete their data free of charge by writing to the person responsible for the processing of personal data at Sport & Wellness SSDRL

IMAGE RIGHT

By registering for the BERGAMO Urban Night TRAIL, the athlete expressly authorizes the Organizing Committee, to film, by television, film, photographic or other means, the image of the undersigned during their participation in the BERGAMO Urban Night TRAIL and to confirm with this statement said authorization recognizing the Organizing Committee the broadest right to record them, reproduce them, print them, publish and project them, disseminate them, and in any case use them by any means currently known or that will be invented in the future, without limit of time or of any kind, throughout the world and to assign, to its commercial and institutional partners the rights to use the image also for promotional and/or advertising purposes. The athlete also declares that he/she has nothing to claim from the Organizing Committee and/or its assignees and/or assignees, and in general from anyone who uses and exploits his/her image, any claim of the Athlete being satisfied by the opportunity to take part in the sports event.

PENALTIES PROVIDED FOR FRAUDULENT PARTICIPATION IN THE COMPETITION

The registered participant is responsible for the ownership and custody of his/her race bib, acquiring the right to use all the services mentioned in these regulations and subsequently communicated.

A. Anyone who, without proper registration, participates without a race bib, in addition to being held responsible for damage to persons or property, including himself, will incur sports sanctions under the jurisdiction of the federal bodies and may be liable to the criminal penalties provided for the crime of "theft" (art. 624 Criminal Code).

B. Anyone who, without proper registration, participates with a counterfeit bib or otherwise not in accordance with the assignment, in addition to being liable as indicated above, will incur the sports sanctions and, in addition, may be liable to the criminal penalties provided for the crime of "theft" (art. 624 c.p.) or, alternatively, for the crime of "fraud" (art. 624 s.p.).

In cases (a) and (b), participants may be liable to the penalties provided for the crime of "failure to comply with the measures of the Authorities" (Article 650 of the Criminal Code). The aforementioned cases will be found only upon verification of photographic and/or video documentation.

Bergamo, January 2024