



CHIA21 RULES for NON-COMPETITIVE RACES

The 11th edition of the CHIA21 organized by Laguna Running SSDrl and MG Sport is an international race on distance 21,097Km and 10Km, that takes place in Chia – Domus De Maria (SU), on Sunday 28 April 2024 at h 9.30.

Along with the competitive races, the 10 km and 5 km “Non-Competitive” runs will also take place

ENTRY REQUIREMENTS:

Non-competitive runs:

- **10 km non-competitive** run is of a "ludic-motor" nature, at a free pace and open to people of all ages and ability, provided they are in possession of a medical certificate of good health issued by a doctor. Anyone that wishes to run the 10km must be 13 years old on the day of the race. The registration to the "Non-Competitive" runs, constitutes an autographed declaration of the possession of this certificate and releases the Organizing Committee from future claims and any liability.
- **5 km Family Run** is of a "ludic-motor" nature, at a free pace and are open to all people, as in possession of a medical certificate of good health issued by a doctor

21KM for Tourist-Sporting goals (ONLY FOR FOREIGNERS NOT RESIDING IN ITALY)

Foreign athletes who participate for Tourist-Sport purposes as "non-registered foreign citizens" can also take part in the 21km run event without sending a medical certificate but have to fill the liability waiver form and send it to info@followyourpassion.it, together with a document of identity.

These participants have to be above 18 years old. They will be placed in an alphabetical order of arrival distinct from the classifications of the competitive event and will not be able to benefit from prizes in kind, cash, value vouchers, bonuses, engagements, reimbursements of expenses of any kind.

All entrants taking part in the CHIA21 must accept and sign the following Waiver of Responsibility:

RELEASE, WAIVER OF LIABILITY AND AUTHORIZATION: "I declare under penalty of perjury (art. 26 l. 15/68 and art. 489 c.p.) that: I have read and understood the CHIA21' race rules; I recognize that participation in the event is a potentially hazardous activity and I willingly assume all risks associated with such participation; I am aware that in registering to the event I must provide an active medical certificate for competitive athletics and be 18 years old on race day (13 for the 10 km); I am voluntarily entering and I hereby assume all of the risks of participating in this event: falls, contact with vehicles, other participants, spectators or other traffic, the effects of the weather, including heat and/or humidity, cold temperature, traffic and other conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the CHIA21, I, for myself and anyone entitled to act on my behalf, waive and release Laguna Running SSDrl, MG Sport srl, the Chia Laguna Resort, IHC Spa, Fidal, Comune di Domus De Maria, Provincia del Sud Sardegna, Regione Sardegna, other partners, sponsors and their representatives, successors, shareholders, directors, officers and employees of the foregoing entities, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in the event. I understand that the CHIA21 entry fee is not refundable, not even in the event of the race cancellation or postponement, or due to any reason that cannot be attributed to the organizers, including revocation by public authorities. In registering to the event, I agree to allow my photo, video or film likeness to be used for any legitimate purpose by organizers, sponsors and assigns.



I certify that I have read the privacy document available on the official website www.followyourpassion.it and I that I have given consent to the use of personal data. Collected data will only be used for the purpose provided in the privacy document above, available on www.followyourpassion.it".

REGISTRATION AND ENTRY FEE

Online registration will be available on the website <https://followyourpassion.it/iscrizioni-chia21/>

Entry fees for these runs are:

21km:

- 25 € until al 31.12.23
- 30 € from 01.01.24 to 31.01.24
- 35 € from 01.02.24 to 31.03.24
- 40 € from 01.04.24 to 22.04.24
- 45€ On Site

10 km:

- 17 € untill 31.12.23
- 21 € from 01.01.24 to 31.01.24
- 25 € from 01.02.24 to 31.03.24
- 30 € from 01.04.24 to 22.04.24
- 35€ on site

5 km Family Run : 15 €

5 km under 14: 12 €

The registration fee includes: race bib, timing chip, race bag with official merchandise, sponsors merchandise, refreshment and sponging stations along the course and at the end of the race, toilets, parking, insurance, finisher's medal, finisher's certificate download, technical and medical assistance.

Group Registrations

For registration of groups or running clubs, contact giuseppe@mgsport.it

Online registration will close on Monday 22 April 2024, at h 24,00.

On-site registration will be available on Saturday April 27 (h 15-18), on Sunday April 28nd (7.00-9.00) at the Expo Area located in the Convention Center of the Chia Laguna Resort. Payment accepted: cash or credit card.

RACE SCHEDULE

Race bib pick-up

Saturday, April 27 - from 15-18

Sunday, April 28 - h 7.00-9.00

At the Expo Area located inside the Conference Center of the Chia Laguna Resort. The race bib will be delivered together with the race goodie bag.

Race bib can be picked-up by a third person, providing a written authorization and ID copy. Running clubs who make registrations through a collective form can request (at registration time) a collective race bib pick-up by a club representative; in this case race bib will not be delivered to single participants.



Race bib is strictly personal, cannot be rigged or transferred to anyone. Any participant found in the race course with a race bib assigned to another athlete or without any bib or with a forged one will be responsible for damage to himself, other people or items, and will incur in a sanction by the athletics federation officials.

START CORRALS

The **start corral** (based on best time claimed at registration) is determined by the color on the race bib as follows:

3rd corral RED BIB – non-competitive and 10 km entrants

2nd corral WHITE BIB – non-competitive 5 km entrants

Timing

All entrants will be provided with a timing chip. In case timing chip is not disposable, it must be returned at the end of the race. There is a € 20,00 fee for any unreturned chip.

Refreshment and sponging stations

As per WA/FIDAL rules. A final refreshment is also provided at the end of the race.

Time limit

10 km: 90'

After this time the organizing committee will not be able to guarantee the course on closed roads.

Pacers

Pacers will be provided in the half marathon distance (1h30', 1h40', 1h50' and 2 h pace).

Results

Will be available at the end of the race on the event official website.

GENERAL INFORMATION

Medical assistance

The organizing committee will provide a proper medical assistance service on the course and at the start and finish.

Registration transfer

Registration can be transferred to another athlete that meets registration requirements.

Registration can also be transferred from one distance to another. In case the fee is higher than the previous one paid, the imbalance must be paid at bib pick-up. In case the fee is lower, no refund will be provided.

Registration transfer must be requested by Monday, April 15, 2024 to info@followyourpassion.it _ and entails a 7€ fee that is due at race bib pick-up.

Privacy and image rights

According to D.Lgs. N ° 196 of 30/06/2003 (Testo Unico sulla Privacy/Privacy Law), personal data collected will only be used in the participants list, the ranking and the historical archive, to deliver the services of the event, for sending promotional or advertising material concerning the event or its partners. By registering to the CHIA21, entrants expressly authorize the organizers, as well as all legal subjects with whom the organization has professional and/or trade relations, to use free of charge pictures or videos in which they may appear. Authorization is unlimited and may be used worldwide and at any time.

Event cancellation

The registration fee will not be reimbursed in case the event is cancelled, postponed or not carried out due to force majeure or reasons not attributable to the organization, including the withdrawal of authorizations by the institutions. There will be no refund of the registration fee as well as of any other expenses incurred to the participant. This clause is accepted by the entrant in registering to the race.

Please note: the organizing committee reserves the right to change this rules at any time for reasons that will consider appropriate in order to provide a better race, upon Fidal agreement. The event will take place with any weather conditions. Please refer to 'Regolamento Tecnico Internazionale e statuario della Fidal e del G.G.G.' for further rules non included in this guide.

Chia, November 2023

