



## **RACE REGULATION**

### **ChiaTRI**

### **HALF and RELAY**

Laguna Running SSDrl, in collaboration with MG Sport, is organizing the ChiaTRI event, an international triathlon on the distances of Medium & Relay, Olympic and Sprint, to be held in Chia - Domus De Maria (CA), on Saturday, April 27, 2024.

### **ARE ELIGIBLE TO PARTICIPATE**

- all male and female athletes, born in the year 2006 or earlier, registered with FITRI (Italian Triathlon Federation) or for another International Triathlon Federation, in good standing for the year 2024;
- all Male and Female Athletes, born in the year 2006 or earlier, who are not card-carrying members and in possession of a sports medical certificate for competitive use (complying with the diagnostic examinations required by Italian regulations (D.M. 18/02/1982) bearing the wording "Triathlon" among the sports practiced valid on the day of the race and a FITRI daily membership at an additional cost of 30 euros.

Participation requirements are valid for both individual and relay competition.

Distances:

- Middle & Relay: 1.9 km for swimming, 90 km cycling and 21 km running

### **REGISTRATION AND PAYMENT**

Registration: is open until April 22 at 11:59 p.m. and you can register online via <https://followyourpassion.it/iscrizioni-chiatri/>, Registration page.

Fees:

ChiaTRI Sardinia Medio:

Total fee: €250.00

Fees:

- €150 until December 31, 2023
- 180€ until January 31, 2024
- 200€ until March 31, 2024
- 250€ from April 1, 2024 to April 22 at 11:59 p.m.

ChiaTRI Sardinia Relay:

Total fee: €250.00

Fees:

- 150€ until December 31, 2023
- 180€ until January 31, 2024
- 200€ until March 31, 2024
- 250€ from April 1, 2024 to April 22 at 11:59 p.m.

**Laguna Running SSDRL**

Viale Belvedere Località Chia

09010 Domus de Maria (SU)

CF: 92186850928 - P.IVA: 03400890921

[www.followyourpassion.it](http://www.followyourpassion.it)





Group discounts are available for cumulative corporate registrations. Interested societies are asked to contact the organization at [giuseppe@mgsport.it](mailto:giuseppe@mgsport.it).

The registration fee includes race numbers for the various fractions, swimming cap for the swimming fraction, stickers to be attached to personal bags, timekeeping chip rental, welcome pack with official gadgets and sponsor products, refueling on the routes, final refreshments, pasta party, finisher medal, services, parking, insurance, finisher diploma downloadable from the website, technical and medical assistance.

No changes will be allowed beyond April 15, 2024.

## **RACE PROGRAM:**

### **Start**

The start of the middle distance race is scheduled for 9:15 a.m. D, 9:18 a.m. U. Times may be subject to change due to organizational issues. For the smooth running of operations, all competitors are invited to enter the Transition area as follows:

70, 3 and relay: from 8:00 a.m. - closing of the transition area is scheduled at 9:00 a.m.

### **Routes and time limits**

Swimming: the swimming fraction will take place in Chia beach, only 800m from Chia Laguna Resort, and includes for the middle distance a single lap of 1,900m.

Biking: the bike course will take athletes through a unique course that winds partly along the coast and partly inland. Skirting the beautiful landscapes offered by bays such as Tuerredda, the route then heads inland towards Teulada until the turnaround located before in Porto Pino and then back again. The circuit will be completely closed to traffic for the duration of the competition.

- CHRONP BICYCLES ARE ALLOWED.

Run: The running fraction is a completely flat course that runs along the streets around the Chia Laguna Resort. A 5 km course to be run 4 times, totally closed to traffic.

Closing of the swimming gates after 1h30'

Closing of the Transition area gates after the cycling fraction after 5h30'

Closing of the event gates at the finish line after 8h,00'

Participants must observe throughout the duration of the race the instructions of both the race judges and the police and abide by the Italian Highway Code. The right hand rule applies. Although the routes are closed to traffic, it should be kept in mind that residents, emergency vehicles and other event-related vehicles may be passing through, so traffic rules should be followed constantly along the entire route.

### **Refreshments**

Swim fraction: Water at the entrance to T1

Fraction Bike: every 30km or so with water bottles of salts, water and gel supplements

Run Fraction: after 1km from T2 and every 2.5km with water, salts, fresh fruit, supplements in bars and gels

Finish: water, salts, fresh fruit.

### **Race waste management**

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Special areas will be set up in the three fractions for the recovery of empties (glasses, water bottles, various packaging); maximum cooperation is requested in the use of these areas, which will be properly marked and always placed after the refreshment areas.

Behaviour in the race.

In order to ensure the SAFE conduct of the competition, in the sections of the cycling and running route to be covered in both directions, it is strictly forbidden to cross the centreline, under penalty of immediate disqualification.

Bib number pickup and welcome pack

Pick-up of race numbers for the various fractions, chips and welcome packs can be made at the ChiaTRI Expo located in the Chia Laguna Resort Conference Center at the following times:

- Friday, April 26: 3 p.m. to 6 p.m.
- Saturday, April 27: 7 a.m. to 8:30 a.m.

Race numbers and chips are personal and cannot be given away and/or exchanged. They must be worn as prescribed in the technical rules so that they are entirely and always visible; they cannot be folded and must remain intact.

Bibs and welcome packs can be picked up by written proxy by sending confirmatory email and ID of the proxy.

Briefing

Participation in the Briefing is mandatory for all participants. The Briefing will be held in the "Piazza degli Ulivi" with the following arrangements.

- Friday, April 26: 5:00 pm

Bike check-out

From 2:45 p.m. to 6:30 p.m. (After that time, bike storage will not be guaranteed)

Pasta Party

The Pasta Party is held on Saturday, April 27 post-race. For any accompanying persons, the cost is euro 15 to be paid directly at the venue. Participation for children under 12 is free of charge.

Medical and anti-doping assistance

The organizing committee will provide adequate medical assistance on the course and at the finish point. The event's medical team will have the final say as to whether or not a competitor is fit to continue in the competition.

The use of so-called doping substances, i.e., those capable of improving performance, and/or alleviating fatigue or for any other purpose, is prohibited. Unannounced and unannounced doping tests will be conducted.

Timekeeping

Timing and processing of the rankings will be done with a system based on an active transponder (CHIP) that will be handed out when the welcome pack is collected. The device must be worn for the duration of the event on the ankle or otherwise close to the ground. Partial times of each split and transition intervals in the transition zone will be recorded for each athlete.





The Chip must be returned at the finish of the race to the athletes in charge in the finish area at the same time as the finisher medal is awarded. Non-starting or withdrawn athletes must also hand back in the same logistics area near the finish line. Failure to return the Chip will result in a charge of € 40.00.

### **AWARDS:**

Will be held at 5:30 pm on the stage located in the Piazza degli Ulivi at Chia Laguna Resort.

The prize money is guaranteed according to the FITRI scheme (See FITRI Competition Circular 2024) will be divided equally between men and women and refers only to the men's and women's individual event. Awards will be given to the first men and first women overall according to the number and percentages established by the FITRI Competition Circular 2024.

- Medium triathlon 1500€ UP TO 200 ENROLLMENTS as per FITRI scheme
- Olympic triathlon 1000€ UNTIL 200 ENROLLED as per FITRI scheme
- Triathlon sprint 500€ UP TO 200 ENROLLED as per FITRI scheme

Prizes will be based on position in the overall standings and will not be awarded until all doping test results have been confirmed.

Cash prizes are subject to Italian tax regulations. Any bank charges are the responsibility of each competitor.

The final amount of the prize money will be specified at the close of registration, the organization reserves the right to make any changes in the positive.

In addition, prizes will be awarded to the top 3 male and female finishers in each Age Group category. The categories are divided as follows: S1(20-24), S2(25-29), S3(30-34), S4(35-39), M1(40-44), M2(45-49), M3(50-54), M4(55-59), M5(60-64), M6(65-69), M7(70+).

### **GENERAL INFORMATION:**

Image right

Pursuant to Legislative Decree No. 196 of 30/06/2003 ("Testo Unico della Privacy") we inform you that the personal data collected will be used only to prepare the list of participants, the ranking and the historical archive, to provide the services of the event, to send information or advertising material of the "ChiaTRI" or its partners.

By registering for the "ChiaTRI", the athlete expressly authorizes the organizers, together with the media partners, to use the still or moving images, in which he/she may have been filmed during his/her participation in the race on all media, including promotional and/or advertising materials, all over the world and for as long as the maximum time provided for by the laws, regulations, treaties in force, including any extension that may be made to the period provided.

Failure to perform

Reference is made to Article 55.04 of the 2019 Technical Regulations and the FITRI Circular Races 2024 available at [www.FITRI.it](http://www.FITRI.it)



The organization reserves the right to be able to change the program, rules and regulations as well as the event venues at any time. Athletes will be informed of the changes before the event or otherwise in case the said change is made in the interest of competitor's safety.

Chia, November 2023