

MONZA 12H CYCLING MARATHON COMPETITION RULES

The 9th edition of the “MONZA 12H Cycling Marathon” international endurance race organized by Laguna Running SSDrl. It will take place in the Autodromo Nazionale di Monza. It is possible to participate single or in team of 2,4, 8 participants (men, women or mixed). Race bike and fixed gear bike are allowed with specific classification.

The race is in the National Calendar races and in the ACSI.

Race name: MONZA 12H Cycling Marathon.

Date: 21st October 2023.

Place: Monza, Autodromo Nazionale (MB).

Registrations: open until 17th October 2023 h 23:59.

Briefing: Saturday 21st October 2023 h 09.40 at the track, later warm up lap and rolling start.

Bike Check: Saturday 21st October 2023 from h 8.00 at the bike storage.

Start and Finish: Autodromo Nazionale Monza (track)

Start time: Saturday 21st October 2023 at h 10.00am

Refreshment: refreshment point at the end of the pit lane

Technical assistance: provided by the race organization

Directions to F1 Monza Autodromo:

- By air: Milano Malpensa Airport
- By Train: Monza Railway Station

Main entrance: Via Vedano, 5 – 20900 Monza

Hospitality: B&B Hotel Monza. More information on the event page under info <https://followyourpassion.it/en/monza12h-cycling-marathon/>

ENTRY REQUIREMENTS:

The race is open to athletes who have turned 18 years old, men and women, FCI members and Sport Promotion Bodies with a FCI valid 2023 membership.

Requirements:

- F.C.I. registered athletes and Sports Promotion Associations in possession of medical certification for competitive cycling and foreign cyclists in possession of a U.C.I. licence valid for the year 2023, issued by their national cycling federation, or upon presentation of medical certification following the FCI requirements (at this link [Certificazioni di idoneità alla pratica sportiva \(feder ciclismo.it\)](https://www.feder ciclismo.it/it/certificazioni-di-idoneita-alla-pratica-sportiva) . The race is open to members of organisations that present the Bike Card together with their organisation's card.
- All non-members that can activate a daily ACSI membership card at a cost of 10.00€ for insurance coverage from 'third-party liability' during the event. For the release of the daily membership, a valid sports medical certificate (certificate for cycling) must be presented. The daily membership must be requested at the time of registration.



ETHICAL REQUIREMENT

By subscribing the registration form, participant self-certificates that has no sportive, civil and/or criminal sanctions, even if discounted, for any doping-related offences, and the participant declares that has not taken – and does not take – any substances included on the World Antidoping Agency (WADA) antidoping list. False self-certification will be prosecuted under the law.

Exclusions

The Organizer Committee will be able to decide in any moments and on its unquestionable judgement to not accept a registration or to exclude one registered athlete in the case of a possible damage of the image of the race itself. Registration of athletes that had got sanctions and/or doping disqualification of more than 6 months will not be able to participate to the competition.

Professional Athletes, Elite, Under 23

Athletes that have been member of the Professional, Elite, Under 23, Women Elite, Under 23 Women categories in the following 2 years after the last membership on the category can join as amatory cyclists and as tourist cyclists and they can participate to the competitive activities of S.A.N., but with the following limitations:

- Exclusions from the category's classification (only overall classification and cat. ASS indication)
- They can not run for the Overall, Regional and Provincial Italian Champion Title of the various specialities, only exception for the Fixed Gear Bike Title.

Race Course: Autodromo Nazionale Monza (5.793m circuit).





Race Circuit

The MONZA 12H Cycling Marathon is part of the FollowYourPassion Circuit, other races are on the website www.followyourpassion.it.

ENTRY FEE AND HOW TO REGISTER:

Registration is open until the 17th October 2023 h. 13.00, online only, through the website <https://followyourpassion.it/en/monza12h-cycling-marathon/>. During the bib pick-up, ACSI, F.C.I. or Sport Promotion Association will be required.

The organization sets a maximum of 500 teams.

Registration fee:

	Until 31/07	From 01/08 to 15/09	From 16/09 to 17/10
Single	€ 120,00	€ 135,00	€145,00
Team of 2	€ 210,00	€ 240,00	€ 260,00
Team of 4	€ 380,00	€ 440,00	€ 480,00
Team of 8	€ 680,00	€ 780,00	€ 860,00

A discount can be applied teams, for further information contact giuseppe@mgsport.it

Registration fee includes: Race number and bib, Timing chip, race pack, reserved area for athletes (sport massage center, technical assistance), secure bike storage, wheel assistance, refreshment, Pasta Party, Dressing rooms for men and for women, bag storage and parking.

Online registrations until 17th October 2023 h 23.59.



It will be possible to register on site, Saturday 21st October 2023 from h 7.30 am to h 8.30 am.

The organizing committee reserves the right to close registration before the above date if there are no more the safety requirements and to give additional 10 wild card at its own discretion. Participants must communicate all required data (personal info, membership or medical certificate of all members of the team) by the previous month of the race (or during the registration), otherwise registrations will be automatically deleted.

Substitutions

It is possible to change the list of the team until Monday 3rd October by email to iscrizioni@otc-srl.it. After Monday 3rd October 2023, any substitution will cost 7€.

Registration Confirmation

Entrants will receive an email registration confirmation. It is possible to verify the registration also on the personal area of the website www.endu.it

Registration fee refund

Registration fee is not refundable.

RACE SCHEDULE

Saturday 21st October 2023

- 07.30am: accreditation center – chip and race pack pick-up (until h 09.30 am)
- 08.00am: bike storage opening to technical bike check
- 10.00am: start line and rolling start
- 09.30am: briefing in race track
- 09.40am: warm up lap
- 12.30: opening of pasta party (until 20.30)
- 22.00pm: end of the race and award ceremony

Timing

Every team will receive 1 chip for each athlete and the corresponding bib number. Chips cannot be transferred or switched, otherwise 2 penalty laps. All team's timing chips must be returned within 2 hours from the end of the race by the team responsible.

For any not returned timing chip, there will be a €80 charge.

Bibs

Front and back bib will be given to all participant to recognize every athlete (numbering does not determine the starting grid). It is compulsory to respect the number-athletes corresponding as in the list given on the chip pick-up. Back number bib must be positioned on the right side and it has to be always viewable.

Race Uniforms

Athletes of the same team must participate in the race with one t-shirt representing the team, only exception for the professional athletes who can wear their shirt. Only teams with the same t-shirt will be accepted.

No restrictions or limitations to the race uniforms but they must be professional and they don't have to be offensive to anyone.

In case of bad weather, it is recommended to use transparent waterproof jacket to allow the identification of teams and race numbers.

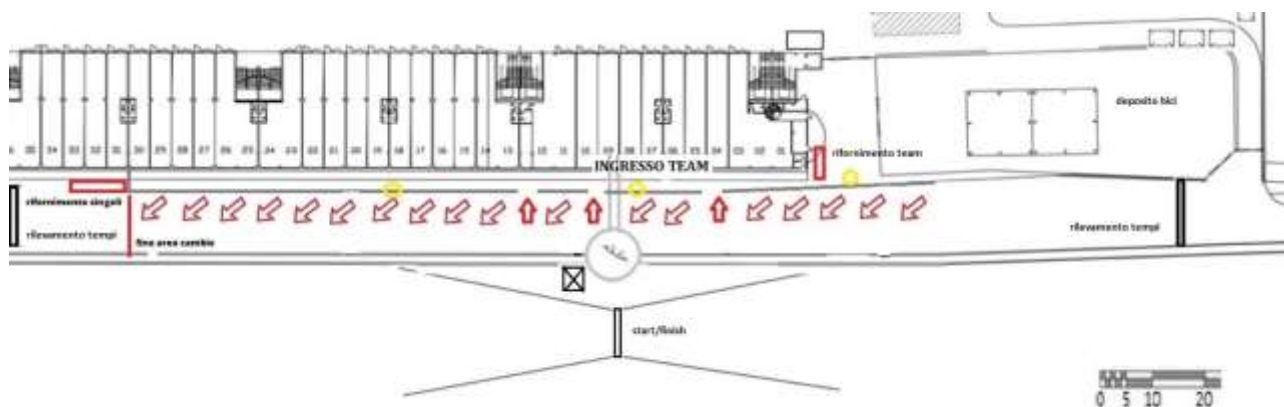
Changes



Every athlete is free to change when it is more appropriate keeping in mind that:

1. Changes must be inside the zone marked by organizers and athletes must wear the team's bib
2. Only the athlete that has to do the change can enter inside the transition zone, entrance corridor included. If there is more than one athlete of the same team inside the transition zone, first there will be a verbal warning than there will be assigned 1 penalty lap
3. The start from the transition zone must be compulsory with one foot on the ground. Contrary, first there will be a verbal warning than there will be 1 penalty lap
4. There will be one area dedicated to the team responsible
5. The minimum time to do the change between two athletes of the same team is 10 seconds. This represents the duration of the transition in the pit lane, between the entrance and exit detection carpet. The passage will be electronically detected with a tolerance, between the entrance and the exit of the same team's athletes, that will be valued by judges. Any advances will be punished with 2 penalty laps. If the minimum time is under the 10 seconds will be attributed a 10 second penalty to be added to the transition time.
6. In the last 10 minutes of the competition is forbidden to change athletes in the race.

In the following scheme, it is possible to see how the transition will be set in the pit lane. The position of the start/finish and the time detection line is approximated.



Laps

Once entered in the race circuit, the athlete must do at least 1 lap in the race circuit. Otherwise, the team will have a 2 laps penalty.

If there will be more than 1 athlete of the same team, there will be a 2 laps penalty.

Safety Car e circulation

In case of serious falls of one or more participants, wet track due to rain or other events that doesn't allow to have a safe race, Safety Car will be used. Once Safety Car enters on the circuit for any reason, the race will be neutralized with the consequent stop of all the teams. The race will restart when the Safety Car exits from the circuit (after the communication of race direction). When the Safety Car is in the circuit, teams that are involved in the incident can replace injured athletes. During the race for the participants is compulsory to keep the right and leave the space on the left for faster participants, assistance, or support vehicles.

Mechanical assistance and punctures

In case of punctures or other mechanical reasons, the wheel change is charged on participants, as well as any other technical material. There will be assistance in the track for punctures.

Equipment and lights



It is compulsory to use visible front and back lights. They must exclusive be fixed on the frame or on the handlebar or on the helmet. Race Direction can stop the start of one participant that doesn't follow the rules. **From h18.00 is compulsory to have lights on, otherwise the athlete will be disqualified. The right functionality of the light will be controlled before the start.**

It is only allowed race bike, also fixed gear bike; any mountain bikes or other kind of bikes. Every athlete is responsible to take its own bike, helmet, light and technical equipment.

In each race the rigid helmet is compulsory, and it must follow the security and protection standards of the current policies. The athlete must wear the helmet event in all the previous and following phases of the race, in particular when the athlete wears the race number. Use of the helmet is also compulsory during the road training and during eventual warm up stage.

Bikes must follow the UCI current rules, in particular:

1. Prosthesis are allowed for the race, provided they do not exceed the height of the brakes
2. The permitted wheel diameter is 26" (only for women) and 28"; in any case the front wheel and the back one must be of the same diameter.
3. Spoked wheels are not allowed.
4. Disc brakes are allowed.

It is forbidden to use two-way radios and earphones.

It is forbidden to transport glass recipients.

Participants are responsible for the custody and storage of their own equipment.

Classifications

The winner team will be the one who do more laps at the end of the 12 hours. If there is a draw between teams, the one who arrives before on the finish line after 12 hours wins.

If one or more components of the team choose to stop or doesn't compete in the race, the other participants still can participate, and the team will be classified in the same category without any penalty.

AWARDS:

Categories will be divided into female, male and mixed (presence of one athlete for each sex)

- the first, second and third overall team
- the first, second and third overall man
- the first, second and third overall woman
- the first, second and third team for each category (if in the category there is at least 3 registered team) for traditional change classification.
- the first, second and third team for each category of the fixed gear bike classification

Special prizes for:

- woman best lap
- man best lap
- fixed gear bike women team best lap
- fixed gear bike man team best lap
- more distant team
- the youngest athlete
- the oldest athlete
- 1st M fixed gear bike – single category
- 1st W fixed gear bike – single category



GENERAL INFORMATION:

Team assistance

A technical staff of maximum 3 people is allowed for each team. The staff can enter to the athlete's village, wearing the bracelet gave in the chip pick up.

The organizers provide to the teams one technical assistance area are dedicated to each team, in addition to the athletes' village shared with each other. It is a 6x2 meters area (bigger vehicles are not allowed) and it will be in the parking outside the paddock.

Bike storage

Bike storage opens at h 8.00 am. It is compulsory for all participants to take bikes in the area for technical check and bike punting.

For safety reasons, bike storage is bounded to the affixing of the front number on the bike and corresponding to the back of the athlete.

Medical Assistance

The organizing committee will provide a proper medical assistance service on the course. There will be a doctor, one advanced ambulance, one base ambulance and Public Assistance volunteer's staff.

The number to call just in case of very serious emergency for every participant is 118.

Emergences

To contact the organizers, call the phone number 0039 3337014879.

Theft

The organizers are not liable for any theft of bicycles left unattended.

Race garbage policy:

Who will be surprised to leave garbage across the circuit will be signaled to the jury and excluded from the final classification. Please all participants to have a good behavior in any area of the race.

Restrictions

Considering the current regulatory, the sale and serving of food and drinks to people outside the team is prohibited within the area. It is also forbidden the sale of merchandising or other products, otherwise the team and the teams responsible will be expelled from the competition and from the assistance zone.

Hospitality & Travel Info

To have all the information for the "MONZA 12H Cycling Marathon" and for all the hospitality and travel info please check the website www.followyourpassion.it.

Assurance and certificate

The membership to ACSI, FCI or to a Sport Promotion Bodies includes injuries assurance.

All participants not enrolled to ACSI, FCI, Sport Promotion Bodies recognized or (for foreigners) membership to a National Federation recognized by UCI, they must present to the registration a Medical Health Certificate for competitive race, and it must be valid for the current year (in Italian or in English for foreigners). They also must subscribe a daily membership to ACSI (10€). To obtain the health certificate for competitive races for cycling and/or Triathlon, athletes must do a medical visit, eyes examination, electrocardiogram at rest and after effort and spirometry. Participants to "MONZA 12H Cycling Marathon" will be covered by an assurance convention provided by ACSI and the organizer committee.

Complaints

Eventual complaints have to be sent to the race jury following the policies and accomplished with the



payment of the tax, as in the ACSI rules and policy.

All entrants taking part in the MONZA 12H Cycling Marathon must accept and sign the following Waiver of Responsibility:

RELEASE, WAIVER OF LIABILITY AND AUTHORIZATION: 'I declare under penalty of perjury (art. 26 l. 15/68 and art. 489 c.p.) that: I have read and understood the 'MONZA 12H Cycling Marathon' race rules; I recognize that participation in the event is a potentially hazardous activity and I willingly assume all risks associated with such participation; I am aware that in registering to the event I must provide an active medical certificate for competitive athletics and be 18 years old on race day (16 for the 10 km); I am voluntarily entering and I hereby assume all of the risks of participating in this event: falls, contact with vehicles, other participants, spectators or other traffic, the effects of the weather, including heat and/or humidity, cold temperature, traffic and other conditions of the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the MONZA 12H Cycling Marathon, I, for myself and anyone entitled to act on my behalf, waive and release MONZA 12H Cycling Marathon organizers, Laguna Running SSDRL, MG Sport srl, la F.C.I., l'Autodromo Nazionale Monza, il Comune di Monza, il Consorzio Villa Reale e Parco di Monza, la Provincia di Monza Brianza, la Regione Lombardia, other partners, sponsors and their representatives, successors, shareholders, directors, officers and employees of the foregoing entities, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in the event.

I understand that the MONZA 12H Cycling Marathon entry fee is not refundable, not even in the event of the race cancellation or postponement, or due to any reason that cannot be attributed to the organizers, including revocation by public authorities.

In registering to the event, I agree to allow my photo, video or film likeness to be used for any legitimate purpose by organizers, sponsors and assigns.

I certify that I have read the privacy document available on the official website www.followyourpassion.it and I that I have given consent to the use of personal data. Collected data will only be used for the purpose provided in the privacy document above, available on www.followyourpassion.it".

Privacy and Image Rights

According to the D.Lgs. n°196 del 30/06/2003 ("Testo Unico della Privacy"), personal information will only be used for start lists, results, archive, and to send information or promotional materials about the MONZA 12H Cycling Marathon or its partners.

In registering to MONZA 12H Cycling Marathon athletes authorize organizers and media partners to use images or videos taken during the race.

Event cancellation

The registration fee will not be reimbursed in case the event is cancelled, postponed or not carried out due to force majeure or reasons not attributable to the organization, including the withdrawal of authorizations by the institutions. There will be no refund of the registration fee as well as of any other expenses incurred to the participant. This clause is accepted by the entrant in registering to the race.

Please note: the organizing committee reserves the right to change these rules at any time for reasons that will consider appropriate in order to provide a better race, upon ACSI agreement. The event will take place with any weather conditions. Please refer to 'Regolamento Tecnico del Settore Amatoriale e Cicloturistico Nazionale S.A.N.' for further rules non included in this guide.

Monza, March 2023

