

Race Regulation

LA MONTBLANC GRANFONDO

LAGUNA RUNNING SSDRL announces and organises the 10th edition of 'LA MONTBLANC Granfondo' on 11th June 2023.

The event is included in the national and ACSI (Association of Italian Sports Centres - Sports Promotion Body recognised by CONI) calendar.

ENTRY REQUIREMENTS

It is open to all persons aged 18 years and over, of either sex, FCI members and the Sports Promotion Bodies that have signed the convention with FCI for the year 2023. Participation is also subject to regular possession of the following requirements:

- F.C.I. registered athletes and Sports Promotion Bodies in possession of sporting medical fitness for competitive cycling and foreign cyclists in possession of a U.C.I. licence valid for the year 2023, issued by their national cycling federation, or upon presentation of the ethical certification in English and certificate of fitness drawn up according to the model available online on the federation's website. Open to members of organisations that present the Bike Card together with their organisation's card.
- all non-members that can activate a daily ACSI membership card at a cost of 10.00€ for insurance coverage from 'third-party liability' during the event. For the release of the daily membership, a valid sports medical certificate (certificate for cycling) must be presented regardless of the route chosen.

Daily membership for all Italian and foreign non-members must be requested at the time of registration.

ETHICAL REQUIREMENT

By signing the registration form, the competitor self-certifies the non-existence of any sporting, civil and/or criminal sanctions, even if served, for doping-related offences and declares that he/she has not taken - and will not take - substances included on the World Anti-Doping Agency (WADA) anti-doping list. False self-certification will be prosecuted in accordance with the law.

ROUTES

Gran Fondo Route

116 km (altitude difference 3.210 m) - Departure from Courmayeur (Viale Monte Bianco), La Palud, Pré-Saint-Didier, Morgex, La Salle, Runaz, Arvier, Introd, Saint-Pierre, Saint Nicolas, Charbonniere, Runaz, La Salle (take diversions villaret), La Salle centre, Chaffieron, Les Places, La Salle, Morgex, Colle San Carlo, La Thuile, Pré-Saint-Didier, Palleusieux, arrival in Courmayeur ((Viale Monte Bianco).

Medium Cross-Country Route

88 km (altitude difference 2.030 m) - Start from Courmayeur (Viale Monte Bianco), La Palud, Pré-Saint-Didier, Morgex, La Salle, Runaz, Arvier, Introd, Saint-Pierre, Saint Nicolas, Charbonniere, Runaz, La Salle ((take diversions villaret), La Salle centre, Chaffieron, Les Places, La Salle, Morgex, Lavancher, Dailley, Pré-Saint-Didier, Palleusieux, arrival in Courmayeur (Viale Monte Bianco).



Each competitor has the right to choose the route that suits him/her and this choice may be made during the course of the event at the unquestionable discretion of the participant. From the transit of the "Start of the Race" car until the transit of the "End of the Race" car, no cyclist, companion or other person may enter and/or queue, under penalty of immediate exclusion. Furthermore, in the event of accidents or damage caused to duly registered athletes, those responsible will be prosecuted in accordance with the law.

REGISTRATION AND PAYMENT:

Race Circuits

The MONTBLANC Granfondo belongs to the **Follow Your Passion circuit** (www.followyourpassion.it) and the **Specialized granfondo series** circuit (www.granfondoseries.it)

Race registration are open until 9th June at 12:00 and it is possible to register online via the website www.followyourpassion.it in the section dedicated to the race. At the time of collecting the dorsal and bike number, the F.C.I. membership card or Sports Promotion Bodies card belonging to the National Council, valid for 2023 will be required.

MEMBERSHIP FEES

SINGLE:

- 45.00 € until 31/12/2022
- 50.00 € until 31/03/2023
- 55.00 € until 15/05/2023
- 65.00 € from 16 May until online registration closes
- 70.00 € on site

Special conditions are available for sports clubs. Sport clubs are requested to contact the organisation at giuseppe@mgsport.it.

The registration fee includes: race dorsal and bike number, insurance, technical and medical assistance, race package containing FollowYourPassion products and offered by sponsors, refreshments along the route, timing service, participation in the pasta party, participation diploma (for classified athletes) downloadable on the website www.followyourpassion.it in the section dedicated to the race.

No race package is guaranteed for registrations received within 10 days of the event.

Closing date for entries:

Online registration will be closed at 12:00 on Friday 9 June 2023.

The Organising Committee will open on-site registration at the race office at the "Courmayeur Forum Sport Center" in Via dello Stadio in Courmayeur (AO), during the following times:

- **Saturday 10 June 2023 from 11 a.m. to 7 p.m.**
- **Sunday 11 June 2023 from 06:30 a.m. to 07:15 a.m.**

The organisers reserve the right to close registrations early if they deem that the security requirements are no longer met and to allocate a further 10 wild cards at their discretion. Participants must have communicated all the required data (personal information, membership card or medical certificate) within



the month prior to the event (or at the same time as registration), otherwise registrations will be automatically cancelled.

Confirmation of entries

The Organising Committee will send all entrants the formal document confirming their registration by e-mail. Registration can also be verified via the ENDU website. If the confirmation e-mail does not reach the participant, they should contact the registration office at iscrizioni@otc-srl.it.

Refund of the registration fee

The participation fee is not refundable under any circumstances for reasons attributable to the individual registered.

COMPETITION PROGRAMME:

DELIVERY OF RACE NUMBERS AND PACKS

The race dorsal is strictly personal, may not be tampered with and is not transferable to others. Please fill in the back of the race dorsal number carefully in all its parts. The exact indication of illnesses or intolerances will help the doctors in case of need. The exact indication of other information will help the organising committee in the management of emergencies. Following verification of the licence, the dorsal, the bike number and the race pack can be collected, upon presentation of the registration confirmation email and valid identity document, at the "Courmayeur Forum Sport Center" in Via dello Stadio in Courmayeur (AO) on the following days and times:

- **Saturday 10 June 2023 from 11 a.m. to 7 p.m.**
- **Sunday 11 June 2023 from 06:30 a.m. to 07:15 a.m.**

The race pack may also be collected by third parties with a written proxy, a letter of confirmation from the delegating party and a photocopy of a valid identity document. The back number on the left side and bike number must be worn for the athlete's identification. The front number must be mounted prominently on the handlebars of one's own bike, under penalty of exclusion from the time classification.

Start and grids

The participants, divided into the different starting grids, will have to pass on the starting mats for timing. The Organising Committee will set up entrances to the starting grids from the side streets, indicated by appropriate signs.

The starting grids will be assigned as follows.

GRID	DORSAL
Red Grid	1 - 200
Blue Grid	201 - 450
Orange Grid	451 - 1050
Yellow Grid	1051 - 1500



To facilitate athletes to enter their respective sectors, the race dorsals will be marked with a specific colour corresponding to the sector.

It will be possible to change the chosen distance even during the race without any problem, except for cyclists and masters 8, who will only be able to ride the mediodondo route.

DEPARTURE

Start and finish: Viale Monte Bianco

Entrance to the GRID: from 7:00 a.m.

BRIEFING 11 June 2022 at 07:40 in Viale Monte Bianco

Start times: Sunday 11 June 8.00 am

INFORMATION

Hospitality: Affiliated hotels on our website

Race package: provided with technical jersey

How to get there: by plane Turin Caselle (1h30), Milan Malpensa (2h00) and internationally Geneva (1h30); railway line serving the resort is the Chivasso - Aosta.

MAXIMUM TIME

Maximum time for routes is by 3.30 p.m.

After these deadlines, the participation will not be considered valid; participants can consult the time schedules for the three routes on the website www.followyourpassion.it.

CLOSING GATE AND/OR HOURS

For participants in the 116 km long-distance route, as there is only one route deviation, there will be a closing gate in the proximity, which will be placed at Morgex - strada del Villair (km 83.00 ; h 12:37:59 at an average speed of 20 km/h as per the schedule, rounded up to 12:40:00).

All competitors who do not pass the above-mentioned gates in valid time will be diverted to the middle-distance route.

RODE CODE

The Montblanc Granfonfo is a Competitive/Competitive/Cyclosporiting event, therefore the Road Code must be strictly observed and adhered to. Vehicular traffic during the event is partially closed.

END OF CYCLE RACE

All participants overtaken by the "Fine Gara Cicilistca" car (i.e. End of Race Car) equipped with no. 2 yellow/orange flashing lights, rectangular panel bearing the words "Fine Gara Ciclistic" and no. 1 fluorescent orange flag, will continue the event as individual cyclists while keeping the back on their backs, strictly observing the Road Code.

WITHDRAWN ATHLETES



Support vehicles are provided for the recovery of athletes who withdraw from the race. These vehicles will follow the event after the "Fine Gara Ciclistica" car - and will transport the athletes and their bicycles to the finish area.

In the event of withdrawal, the athlete is obliged to remove the race chip from the bike and hand it over to the organisation staff nearest to the place of withdrawal, who will inform the the bib number.

The withdrawn athlete who decides not to wait for the officials "broom" to return to the finish line must comply with the road code and assumes all liability as he/she is considered to be out of the race.

HELMET

The use of an approved helmet is compulsory

RECOMMENDED EQUIPMENT

All participants must be equipped at the start with:

- A set of tools for disassembling the tyre/tubular;
- A spare inner tube/tubular;
- A pump/tank to inflate the pnematics;
- Suitable clothing and a windproof/rainproof jacket;

AWARDS:

The prize-giving ceremonies will take place in the Courmayeur Forum Sport Center's Palaghiaccio, a ceremonial area and 'pasta party'.

Prizes will not be sent home but delivered on site to the recipient. Proxies to other persons to collect the prize will not be accepted.

ACSI NATIONAL CATEGORIES:

Categories MEN

Junior years 19-29 (2002 - 1992)

Senior 1 years 30-34 (1991 - 1987)

Senior 2 years 35-39 (1986 - 1982)

Veterans 1 years 40-44 (1981- 1977)

Veterans 2 years 45-49 (1976 - 1972)

Gentleman 1 years 50-54 (1971 - 1967)

Gentleman 2 years 55-59 (1966 - 1962)

Supergentleman A years 60-69 (1961 - 1952)

Supergentleman B years 70-75 (1951 - 1946) For Mediofondo events only

Categories WOMEN

Woman 1 years 19-39

Woman 2 years 40-49

Woman 3 years 50-75

- Prizes will be awarded to the first 5 male and first 5 female finishers in the long course categories and first 3 male and 3 female finishers medium course

SPORTS CLUBS



Laguna Running SSDRL
Viale Belvedere Località Chia
09010 Domus de Maria (SU)
CF: 92186850928 - P.IVA: 03400890921
www.followyourpassion.it

A prize will be awarded for the kilometres cycled within the maximum time.

RANKING

An overall finish order and category and company ranking will be drawn up using the criteria already described. The rankings and finishing order of the "LAMONTBLANC Granfondo" will be available on the website www.followyourpassion.it

TIMEKEEPING

Timing will be carried out by OTC, based on the use of 'chips'. Each participant must be equipped with a valid personal chip or a rented daily chip.

USABLE CHIPS:

- PERSONAL CHIP
- DAILY CHIP for hire

PLEASE NOTE

Please indicate your personal chip code on the registration form.

Chips and/or the relevant authorisations can be purchased at www.endu.net or at the 'Chip Point' of the race.

The daily chip can only be hired at the race Chip Point at a cost of €5.00 plus €5.00 as a deposit. The deposit will be returned upon return of the chip, which must be done at the Chip Point itself within 15 minutes after the end of the race.

Updated chip prices and conditions can be found at www.endu.net.

Failure to use or incorrect use of the CHIP will result in non-inclusion in the ranking and non-attribution of time.

CONTROL POINTS

They will be set up at the start, at the finish and along the two routes. The management of the controls will be entrusted to authorised personnel. Those who anticipate the start or start without carrying out the start control will be excluded from the final classification and sanctioned according to F.C.I. regulations.

REFRESHMENT, WATER AND MECHANICAL POINTS

Refreshment, water and mechanical points will be set up and organised along the route for cyclists wearing the race dorsal only

PRESIDIUM CROSSROADS

Organisational staff, A.S.A., Civil Defence, Alpini and volunteers will guarantee the control of the crossroads and the most challenging points of the route in agreement and collaboration with the Police.

Please note that the closing time for traffic is set by the Prefectural Ordinance for 30' counted from the car at the start of the race to the car at the end of the race. Cyclists are obliged to observe the Road Code at all times and are obliged to respect it once they have passed the End of Race car.

For any further information, please refer to the ACSI regulations for cycling events.

THEFT

The organising committee is not liable for possible theft of bicycles left unattended.

RUNNING ASSISTANCE

During the event, an adequate number of mechanical and medical assistance vehicles with fixed and



mobile stations will be present, therefore assistance by private vehicles following the race is not permitted, under penalty of disqualification of the athlete.

ACCOMPANYING VEHICLES

Only the organisation's vehicles will be authorised to take part in the race with the appropriate markings (race management, jury, mechanical and technical assistance, medical service, broom). The Traffic Police, the Technical Escort, and the Motorcycle Relay Units authorised by the organisation will precede and follow the participants during the race along all race routes.

HEALTH SERVICE

The organising committee will provide an adequate medical assistance service on the route and at the start and finish points with fixed stations, medical ambulances, rescue volunteers, guaranteed by 118 and helicopter rescue in case of need. The emergency number for all participants to call exclusively in the event of a serious emergency during the race is 118.

WASTE

Anyone caught littering along the route will be reported to the Jury and excluded from the final classification. Participants are asked to maintain a decent attitude during the race and during the start.

INFORMATION AND HOSPITALITY

For information on 'LAMONTBLANC Granfondo' and for all information on board and lodging in hotels, participating restaurants and more, please consult the race section on the website www.followyourpassion.it.

INSURANCE

Participants in "LA MONTBLANC Granfondo" will be covered by insurance conventions stipulated by ACSI and the Organising Committee.

COMPLAINTS

Any complaints must be addressed to the race jury within the terms of the regulations and accompanied by the fee laid down in the ACSI regulations

DECLARATION OF LIABILITY

"I, the undersigned, for myself, my heirs and executors, aware of the penal sanctions provided for in the event of untruthful declarations and falsity in deeds (art.26 law 15/68 and art. 489 of the penal code.) I hereby declare: to have read and consequently to know, accept and respect the regulations of "LAMONTBLANC Granfondo 2023"; to be aware that participation in competitive sporting events is potentially a risky activity if one is not adequately prepared and in a suitable physical condition; to be aware that in order to register one must be in possession of a valid medical certificate of fitness for competitive sporting activity for cycling and to be 18 years of age or over on the date of the event; to register voluntarily and I assume all the risks deriving from my participation in the event: falls, contact with vehicles, other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or wet weather, traffic and road conditions, any type of risk well known and assessed by me. Being aware of the above, considering the acceptance of my registration, I, on my own behalf and in the interest of no one else, release and discharge the Organising Committee of the LAMONTBLANC Granfondo event, Laguna Running SSDRL, MG Sport srl, ACSI, the Municipality of Courmayeur starting point and all other municipalities crossed by the race route, the Province of Aosta the Aosta Valley Region, the promoting bodies, all sponsors and organising partners of the event, their respective representatives, successors, officials, directors, members, agents, collaborators and employees of the above-mentioned companies, of all present and future claims or responsibilities of any kind, known or unknown, arising from my participation in the event.

PRIVACY AND IMAGE RIGHTS

Pursuant to Legislative Decree No. 196 of 30/6/2003, before registering, the athlete is required to read



the documentation on the protection of privacy, available on the website www.followyourpassion.it and to express his/her consent to the processing of personal data, in the manner provided. The data provided will be processed in accordance with the regulations set out in Legislative Decree no. 196 of 30.6.2003 and used exclusively for the purposes set out in the information notice published on the website www.followyourpassion.it.

By registering for the "LAMONTBLANC Granfondo", the athlete expressly authorises the Organising Company, together with the legal entities with which it has professional and commercial relations relating to and connected with the filming of images of the event, to acquire free of charge the right to use the still or moving images on which he/she may appear, taken during my participation in the competition on all visual supports as well as on promotional and/or advertising materials produced and disseminated throughout the world and for the maximum period provided for by the laws, regulations and treaties in force, including any extension that may be made to the period provided for.

CANCELLATION AND/OR SUSPENSION OF THE EVENT

In the event that the race is cancelled and/or postponed to another date, or in any case, not held for reasons of force majeure and/or reasons not attributable and/or not attributable to the will of the Organisation, including the withdrawal of the authorisation to hold the race by the competent public bodies, the participant will have no claim against the Organising Committee and/or Laguna Running SSDrl and MG Sport Srl, neither for the return of the registration fee, nor by way of reimbursement of any expenses incurred or to be incurred. The submission of the application form has the value of acceptance of this clause and express waiver of any claim resulting from the cancellation and/or postponement of the race.

Please note: the Organising Committee reserves the right to amend these regulations at any time for reasons it deems appropriate in order to better organise the race, subject to authorisation from the F.C.I. The event will take place in all weather conditions. For anything not covered by these regulations, the technical regulations of the ACSI Cycling Technical Regulations apply.

These regulations may be subject to changes and/or additions, and/or prescriptions as provided for and/or imposed by national and/or local pro tempore legislation and regulations in force.

Courmayeur, 2022

