

ChiaTRI Sardinia

Olympic no-draft & Sprint no-draft

COMPETITION RULES

The ChiaTri organized by Laguna Running SSDrl in together with MG Sport, is an international Middle distance & Relay, Olympic and Sprint distance triathlon race. It will take place in Chia-Domus De Maria (Cagliari, Italy) on Tuesday, 25 April 2023.

RACE INFO

Name of the event: ChiaTRI

Race day: 25 April 2023

Location: Chia, Domus De Maria (Cagliari, Italy)

Headquarters: Chia Laguna Resort, viale Belvedere loc. Chia, 09010 Domus De Maria

Registration: open until 20 April 2023, h 23:59

OLYMPIC & SPRINT ENTRY REQUIREMENTS:

- Men and Women, born in 2005 or earlier (born in 2006 or earlier for the sprint distance), FITRI (Federazione Italiana Triathlon) members or other International Triathlon Federations members, who have an active 2023 membership;
- Men and Women, born in 2005 or earlier (born in 2006 or earlier for the sprint distance), who are not Triathlon Federations members but hold an active Heath Certificate attesting the ability to practice competitive triathlon (in compliance with Italian regulations, D.M. 18/02/1982) and subscribe for a daily FITRI membership (€20). The Health Certificate must specifically mention the 'Triathlon' discipline and must be active on race day.

Entry requirements are effective for either individual competition and relay.

Race Distances:

- Olympic: 1500 mt swim, 40 km bike, 10 km run
- Sprint: 750 mt swim, 20 km bike, 5 km run

ENTRY FEE AND HOW TO REGISTER:

Registration is open until 20 April 2023 by h 23:59, online only, through the website <https://followyourpassion.it/chiaTri/>

Registration fee:

ChiaTRI Olympic distance

- 65 € by 31 January 2023
- 75 € by 13 March 2023
- 90 € by 10 April 2023
- 100 € from 11 April to 20 April 2023
- Fixed fees: Junior: 15€ - Under 23: 25€
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ChiaTRI Sprint distance:

- 45 € by 31 January 2023
- 50 € by 13 March 2023
- 60 € by 10 April 2023
- 65 € from 11 April to 20 April 2023
- Fixed fees: Youth 8€, Junior: 15€ - Under 23: 25€

A discount can be granted to teams. Teams can contact organizers through the email giuseppe@mgsport.it.



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Registration fee includes: Race bibs, Swim cap, Stickers for personal belongings, Timing chip, Welcome pack with the official event merchandise and sponsors samples, Course aid stations, Finisher recovery meal, Pasta party, Finisher's medal, Toilets, Parking, Insurance, Finisher's certificate (website download), Medical and technical assistance.

No changes will be allowed after 15 April 2023.

RACE SCHEDULE

Start:

Olympic and Sprint starting from 10:00. In particular: 10:00 women; 10:03 men; 10:05 women sprint; 10:08 men sprint. Time schedule may be subject to changes due to organizational reasons.

Courses and time limit:

Swim: the swim will take place at the Chia beach, just 1500m from the Chia Laguna Resort.

Bike: the bike course will lead the athletes along the stunning coastline, with breathtaking views like the Tuerreda bay, and then through the inland towards Teulada until the turning point located at Porto Pino and back. The course will be entirely on closed roads.

DRAFTING IS PROHIBITED IN ANY RACE DISTANCE (SPRINT, OLYMPIC AND 70,3). TIME TRIAL BIKE IS ALLOWED.

Run: The run takes place on a flat course along the roads near by the Chia laguna Resort.

Swim cut-off Olympic: 70' after your designated start time – Sprint: 40'

Bike cut-off Olympic: 3h00' after your designated start time – Sprint: 1h10'

Run cut-off Olympic: 4h,00' after your designated start time – Sprint: 2h20'

Athletes must follow referees and officers directions and comply by the Italian traffic laws, during the all race. The right-hand rule will be followed. Although course with on closed roads, emergency, organization and local residents vehicles might be passing through, therefore traffic rules must be followed along the all course.

Aid stations:

Run: after 1,6 km from T2 and every 2,5km with water, sports drinks, fresh fruits, energy bars and power gels

Finish: water, sports drinks, fresh fruits.

Race garbage policy:

empty cups, bottles and other containers must be thrown away in the designated areas, that will be signaled and located right after each aid station.

Race behavior:

in order to guarantee safety during the race, it is prohibited to pass the central line of the road in the cycling and run course traversed both ways.

Bib number and race pack pick-up:

Bib number and race pack can be picked-up at the Chia Sardinia Triathlon Expo, located at the Chia Laguna Resort Conference Center, during the following hours:

Monday 24 April h 15:00-18:00

Tuesday 25 April h 7:00-8:30

Race bib and timing chip are personal and can not be transferred or switched. They must be worn as established by the rules and being visible at any time; they can not be folded and must be kept intact. Bib number and race pack can be picked-up by another person through an authorization form and owner's ID.

Briefing:

Briefing is mandatory for all participants and will take place in English and Italian, at "Piazza degli Ulivi" on **Monday 24 April** at 17:00 (a recap briefing will take place on race day at the beach right before the start)



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Bike check-in

from 8:00 to 9:00

Bike check-out:

From 14:45 to 18:30 (after this time limit, bike custody will not be guaranteed)

Pasta Party

A Pasta Party will be held on Tuesday 25 April at the Chia Laguna Resort restaurant after the race. Friends and families can take part at a prix fix 15€, to be paid directly at the restaurant. Children below 12 years are free of charge.

Medical assistance and anti-doping:

Medical assistance will be provided along the course and after the finish.

Medical professionals will have the last word about athlete's ability to keep competing in the race.

The use of athletic performance-enhancing drugs is prohibited. Anti-doping tests will take place without notice.

Timing:

Any athlete will be given a timing chip together with the race pack. The timing chip must be worn on the ankle or anywhere close to the ground. Timing will measure each athlete swim, bike and run time and transitions time.

Timing chip must be returned at the end of the race, by either finishers and athletes who drop out of the race. There will be a € 40,00 charge per chip not returned.

Awards ceremony:

The awards ceremony will take place at 17:30 on the main stage located in Piazza degli Ulivi, at Chia Laguna Resort.

Prizes will be awarded to the first three athletes in each age group category for both male and female athletes.

Age group categories: YB(16-17), JU(18-19), S1(20-24), S2(25-29), S3(30-34), S4(35-39), M1(40-44), M2(45-49), M3(50-54), M4(55-59), M5(60-64), M6(65-69), M7(70+).

Hospitality & Travel Info

Official Race Hotel Partner: IHC Chia Laguna Resort , information on the website www.followyourpassion.it for packages and reservation contacts

How to get: by plane from Mario Mameli Cagliari Elmas Airport, by train from Cagliari Train Station, by ferry from Cagliari Harbour. Distance between Cagliari and Chia is 50 km

Image rights

According to the D.Lgs. n°196 del 30/06/2003 ("Testo Unico della Privacy"), personal information will only be used for start lists, results, archive, and to send information or promotional materials about the Chia Sardinia Triathlon or its partners.

In registering to ChiaTri Sardinia athletes authorize organizers and media partners to use images or videos taken during the race.

Event cancellation

In the event of cancellation or postponement of the race, due to reasons who cannot be attributed to organizers, including revocation by public authorities, entrants cannot ask for any refund to either organizers, Laguna Running, MG Sport and Chia Laguna Resort.

Race organizers have the right to change the schedule, rules and race locations at any time. Athletes will be informed about changes before the event or at any time if changes are due to safety reasons.

For any other inquiry, please refer to the FITRI Regolamento Tecnico and Circolare Gare 2019, available on the website www.FITRI.it.

Chia, February 2023



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