

## LoveReTRI Half Triathlon & Relay Competition Rules

The LoveReTRI, organized by Laguna Running SSDrl in collaboration with MG Sport is an international Half Distance & Relay triathlon that will take place in LoveRe on the 7<sup>th</sup> July 2024.

### ENTRY REQUIREMENTS:

- Men and Women, born in 2006 or earlier, FITRI (Federazione Italiana Triathlon) members or other International Triathlon Federations members, who have an active 2024 membership;
- Italian Men and Women, born in 2006 or earlier, who are not Triathlon Federations members but hold an active Health Certificate attesting the ability to practice competitive triathlon (in compliance with Italian regulations, D.M. 18/02/1982) and subscribe for a daily Fitri membership (€30). The Health Certificate must specifically mention the 'Triathlon' discipline and must be active on race day.
- All Foreign Male and Female Athletes, born in the year 2006 or earlier, non-members of any national federation and who have submitted their medical certificate for triathlon issued by a doctor using this form (<https://followyourpassion.it/wp-content/uploads/2024/02/TRI-health-form.pdf>) and in possession of a FITRI daily license, with an additional cost of 30€ for Half distance or 15€ for each member of the Half Relay (Daily License downloadable at this link: ([https://followyourpassion.it/wp-content/uploads/2024/02/ITA\\_Daily\\_License\\_2024\\_2\\_3.pdf](https://followyourpassion.it/wp-content/uploads/2024/02/ITA_Daily_License_2024_2_3.pdf))).

### RACE DISTANCES:

- HALF TRIATHLON (1.9 swim, 90km bike and 21 km run)
- HALF RELAY

### ENTRY FEE AND HOW TO REGISTER

Registration is open until 3rd of July at 23.59, online only, through the website <https://followyourpassion.it/iscrizioni-loveretri/>

### REGISTRATION FEE:

#### LoveReTRI Half Triathlon

- 140€ by 31.01.2024
- 150€ by 31.03.2024
- 160€ by 30.04.2024
- 180€ by 31.05.2024
- 200€ by 03.07.2024

LovereTRI Relay:

- 180€

\*prices above a net of commission fees

A discount can be granted to teams with groups. Teams can contact the race organizers through the email [giuseppe@mgsport.it](mailto:giuseppe@mgsport.it)

Registration fee include: Race bibs, Swim cap, Stickers for personal belongings, Timing chip, Welcome pack with the official event merchandise and sponsors samples, Course aid stations, Finisher recovery meal, Pasta party, Toilets, Parking, Insurance, Finisher's certificate (website download), Medical and technical assistance.

### **Registration transfers and change**

Athletes who have already registered but are unable to take part in the race have the opportunity to transfer their registration to another athlete who meets the participation requirements of these regulations. This can be done independently via the dashboard. The registered athlete, once in the registration dashboard, has to click on "TRANSFER REGISTRATION" and enter the email of the person to whom you want to transfer the registration. The person will receive an email with a link to enter all personal data and proceed with the payment of 7€ for the transfer handling fee. The name change can be done until Friday 21<sup>st</sup> June 2024

It is also possible to change the race by transferring the registration already made to a different distance. In this case, any surcharge on the registration fee must be paid when collecting the bib. Differences in entry fees will not be reimbursed.

A change of race/distance must be requested by Friday 21<sup>st</sup> June 2024 at [info@followyourpassion.it](mailto:info@followyourpassion.it) and will incur a charge of €7 for transfer handling costs in addition to the difference in fee.

### **RACE SCHEDULE**

Transition Area

The transition Area can contain maximum 1000 bikes and it is located at the Lovere harbour.

### **START**

Race start schedule at 7.45 am.

Time schedule may be subject to changes due to organizational reasons. Athletes must enter in the Transition Area with the following schedule:

- From 6.00 am to 7.30 am
- Transition area closes at 7.30 am

### **COURSES AND TIME LIMIT:**

Race distance: 1.9 km swim, 85 km bike and 20.5 km run

Swim: one lap in the Lake Iseo

Bike: 3 laps to repeat 3 times.



**DRAFTING IS PROHIBITED IN ANY RACE DISTANCE. TIME TRIAL BIKE IS ALLOWED.**

Run: 4 laps + 1km

Swim cut-off + T1: 1h after the designated start time

Bike cut-off + T2: 4h 45' after the designated start time

Athletes must follow referees and officers directions and comply by the Italian traffic laws, during the all race. The right-hand rule will be followed. Although course with on closed roads, emergency, organization and local residents vehicles might be passing through, therefore traffic rules must be followed along the all course.

**REFRESHMENT AND AID STATIONS:**

Bike: every 30 km with sports drinks, water and power gels

Run: every 5 km with water, salts, fresh fruits, energy bars and power gels

Finish: water, sport drinks and fresh fruits

**RACE GARBAGE POLICY:**

Empty cups, bottles and other containers must be thrown away in the designated areas, that will be indicated and located right after each aid station.

**RACE BEHAVIOR:**

In order to guarantee safety during the race, it is prohibited to pass the central line of the road in the cycling and run course traversed both ways.

**BIB NUMBER AND RACE PICK—UP:**

Bib number, chip and welcome pack can be picked-up at the race office in the Lovere harbour.

- Saturday 6<sup>th</sup> July h 15.00-18.00
- Sunday 7<sup>th</sup> July h 5.30-6.30

Race bib and timing chip are personal and can not be transferred or switched. They must be worn as established by the rules and being visible at any time; they can not be folded and must be kept intact. Bib number and race pack can be picked-up by another person through an authorization form and owner's ID.

**BIKE CHECK-OUT**

From 14.00 to 16.00

**PASTA PARTY**

Pasta party will take place after the race.

**Medical assistance and anti-doping:**

Medical assistance will be provided along the course and after the finish.

Medical professionals will have the last word about athlete's ability to keep competing in the race.



The use of athletic performance-enhancing drugs is prohibited. Anti-doping tests will take place without notice.

**Timing:**

Any athlete will be given a timing chip together with the race pack. The timing chip must be worn on the ankle or anywhere close to the ground. Timing will measure each athlete swim, bike and run time and transitions time.

The chip must be handed in to the staff at the entrance to the change area when collecting the bike. Athletes who have not started or have withdrawn must also return the chip in the same way. **Failure to return the chip will result in a charge of € 40.00**

**AWARDS CEREMONY:**

The awards ceremony will take place at 15.00 in the Lovere harbour.

The total prize money will be guaranteed in accordance with FITRI policies and it will be distributed equally to the overall men and women taking part in the individual race.

- Half Triathlon 3500€ up to 400 athletes (according to FITRI policies)

Prize money will be distributed to the top athletes overall after drug test results.

Prize money is subject to Italian tax policies. Any bank fees will be borne by each athlete.

Please note that the final prize money allocation is subject to FITRI policies and changes and will be paid out based on the prize money allocation deemed correct by the FITRI and Race Committee at the time of payment.

Prizes will be awarded to the first 3 athletes in each group category for both male and female athletes. Age group categories: S1 (20-24), S2(25-29), S3(30-34), S4(35-39), M1(40-44), M2(45-49), M3(50-54), M4(55-59), M5(60-64), M6(65-69), M7(70+).

**GENERAL INFORMATION**

**Image rights:**

According to the D.Lgs. n°196 del 30/06/2003 ("Testo Unico della Privacy"), personal information will only be used for start lists, results, archive, and to send information or promotional materials about the LovereTRI or its partners.

In registering to the LovereTRI, athletes authorize organizers and media partners to use images or videos taken during the race.

**Accommodation & Travel Info:**

InfoPoint Lovere

Phone number: 035 962178

Email: [info@iataltosebino.it](mailto:info@iataltosebino.it)

**Event cancellation:**

Race organizers have the right to change the schedule, rules and race locations at any time. Athletes will be informed about changes before the event or at any time if changes are due to safety reasons. For any other inquiry, please refer to the Fitri Regolamento Tecnico 2019 and Circolare Gare 2024, available on the website [www.fitri.it](http://www.fitri.it).

Lovere, February 2024

