

RACE REGULATION F1RE

12h Circuit Cycling Marathon

The Laguna Running ssdrl affiliated with ACSI for the year 2024, is organising the 9th edition of the 12-hour endurance cycling race called "F1RE" to be held on the Autodromo Nazionale Monza track. You can participate solo or in teams of 2, 4 and 8 participants (male, female or mixed). Racing and fixed-gear bikes with dedicated classification are allowed.

The event is included in the National and ACSI (Italian Sports Centres Association - Sports Promotion Body recognised by CONI) calendar.

General infos

Event name: F1RE

Date: 13-14 July 2024

Venue: Monza, Autodromo Nazionale (MB).

Registration: open until 23:59 on 11 July 2024.

Start and finish: Autodromo Nazionale Monza (track).

Start time: Saturday 13 July at 20.00.

Refreshments: refreshment point provided at the end of the pit lane.

Technical escort: provided by the organiser, including wheel assistance, technical escort by teams not allowed.

Race package: provided.

How to get there: by plane Milan Malpensa Airport, train Monza Station. The main access is through Via Vedano n. 5, 20900 Monza.

MAY PARTICIPATE:

REGISTERED ATHLETES

- F1RE is open to all registered FCI athletes aged 18 years or over in the calendar year.
- F1RE is open to all card-carrying members of Sports Promotion Bodies in possession of medical fitness for competitive cycling who have signed an agreement with the F.C.I. for the year 2024. ASI members must present their Bike Card together with the card of their organisation.
- F1RE is open to all foreign amateur cyclists in possession of the UCI license valid for the year 2024, issued by their national cycling federation, to be presented compulsorily together with a certificate of competitive sports fitness for cycling for Italian athletes (no other disciplines are valid). For foreigners, a HEALTH FORM is required and can be downloaded on the website.

NON-MEMBER ATHLETES

- F1RE is also open to all Italian and **foreign NON-MEMBERS**, for whom a daily ACSI membership card will be activated at a cost of € 10.00 for 'third party liability' insurance cover during the event. For the issue of the day card to Italian athletes it is necessary to present the certificate of Agonistic Fitness for CYCLING (no other disciplines no Triathlon) ex DM 18/2/82. **Foreign athletes must present the HEALTH FORM which can be**

downloaded from the website.

ETHICAL REQUIREMENT

By signing the registration form, the competitor self-certifies the non-existence of sporting, civil and/or criminal sanctions, for facts relating to doping and declares that he/she has not taken - and will not take - substances included in the World Anti-Doping Agency (WADA) anti-doping list. False self-certification will be prosecuted in accordance with the law.

Exclusion

The organising committee may at any time and at its sole discretion decide whether or not to accept an entry or to exclude an entrant from the event if it may damage its image. Entries will not be accepted from cyclists who have had doping sanctions and/or disqualifications of more than 6 months.

Professionals, Elite, Under 23

Athletes who have been registered in the Professional, Elite, Under 23, Women's Elite, Women's Under 23 categories, in the two years following their last registration in the category, may register as cyclists and cycle-tourists and participate in the S.A.N. competitive activity, but with the following restrictions

- exclusion from category classifications (only absolute classification and ASS category indication);
- they may not compete for the award of Italian, Regional and Provincial Champion titles in the various specialities, with the exception of the Fixed Sprint title.

Course

Autodromo Nazionale Monza (circuit of mt. 5.793).





Circuit membership

F1RE belongs to the FollowYourPassion circuit (www.followyourpassion.it).

REGISTRATION AND PAYMENT:

Registration is open until 11 July 2024 at 11.59 p.m. and it is possible to register online via the website www.followyourpassion.it in the section dedicated to the race. When collecting the dorsal and number of bikes, the ACSI, F.C.I. or Sports Promotion Bodies belonging to the National Council valid for 2024 will be required.

The organiser sets a maximum limit of 500 teams.

Participation fees, net of platform fees (2€ per participant):

	Until 30/04	From 01/05 to 31/05	From 01/06 to 30/06	From 01/07 to 11/07
Single	€ 130,00	€ 150,00	€160,00	€170,00
Team of 2	€ 220,00	€ 250,00	€ 270,00	€280,00
Team of 4	€ 400,00	€ 460,00	€ 480,00	€500,00
Team of 8	€ 760,00	€ 780,00	€ 850,00	€900,00

Group discounts are available for cumulative registrations. Interested clubs are requested to contact the organisation at giuseppe@mgsport.it for further information.

The registration fee includes race number, race bib and microchip, race package, reserved athletes' area with dedicated services (sports massage centre, mechanical workshop assistance), guarded bike depot,

wheel assistance, refuelling, Pasta Party, men's and women's dressing room and luggage deposit, and parking inside the racetrack.

Closing date for entries

Online registration will be closed at 23:59 on 11 July 2024.

It will be possible to register on site on Saturday 13 July 2024 from 14:00 to 16:00.

The organisers reserve the right to close registrations early if they deem that the safety requirements are no longer met and to allocate a further 10 wild cards at their discretion. Participants must have communicated all the required data (personal information, membership card or medical certificate of all team members) within the month preceding the event (or at the same time as registration), otherwise registrations will be automatically cancelled.

Substitutions

Athletes who are already duly registered but are unable to participate in the competition have the opportunity to transfer their registration to another athlete who meets the participation requirements of these regulations. This can be done independently via the dashboard. The registered athlete, once in the registration dashboard, has to click on "TRANSFER REGISTRATION" and enter the email of the person to whom you want to transfer the registration. The person will receive an email with a link to enter all personal data and proceed with the payment of 7€ for the transfer handling fee. The name change can be made by Monday 8 July 2024.

It is also possible to change the race by transferring the registration already made to a different distance. In this case, any surcharge on the registration fee must be paid when collecting the bib. Differences in registration fees will not be refunded.

A change of race/distance must be reported to the secretariat by Monday 8 July 2024 at info@followyourpassion.it and will incur a charge of €7 for transfer handling costs in addition to the difference in fee.

Confirmation of Entries

The Organising Committee will send all registered participants a formal registration confirmation document by email. If the confirmation email does not reach the subscriber, the subscriber must contact the registration secretariat at info@followyourpassion.it. The subscriber can check his or her registration status on his or her personal dashboard on the Njuko platform.

Refund of the registration fee

The participation fee is not refundable under any circumstances for reasons attributable to the individual registrant.

RACE PROGRAM:

Saturday 13 July 2024

- 14.00: accreditation centre - chip and race packet collection (until 17.00)
- 14.00: opening of bike depot and pits
- 18.00: start of qualifying
- 19.45: grid positioning (based on qualifying times)
- 19.50: track briefing

- 20.00: start (foot on the ground)
- 21.00: Opening break area

Sunday, 14 July 2024

- 08.00: race end and prize-giving

Timekeeping

Each team will receive an envelope containing 1 chip per athlete and the corresponding bib number. The chips are personal and must not be exchanged under penalty of 2 laps. Each team leader must hand in all chips received at the designated point set up by the organisation within 2 hours after the end of the event.

Chip return

The return of the chip is obligatory, in case of loss or failure to return the CHIP the athlete will be charged 115 euros.

Bibs

All participants will receive front and back numbers for the recognition of individual athletes (the numbering does not determine the starting order). It is obligatory to respect the number-athlete correspondence as in the list handed out at chip collection. Back numbers must be placed on the right and always visible.

Uniforms

Athletes belonging to the same team must participate with a jersey representing the team with the exception of professional athletes who may wear their own jersey. Teams with identical uniforms will be allowed.

There are no restrictions or limitations on uniforms, which, however, must be professional and must not be offensive to anyone.

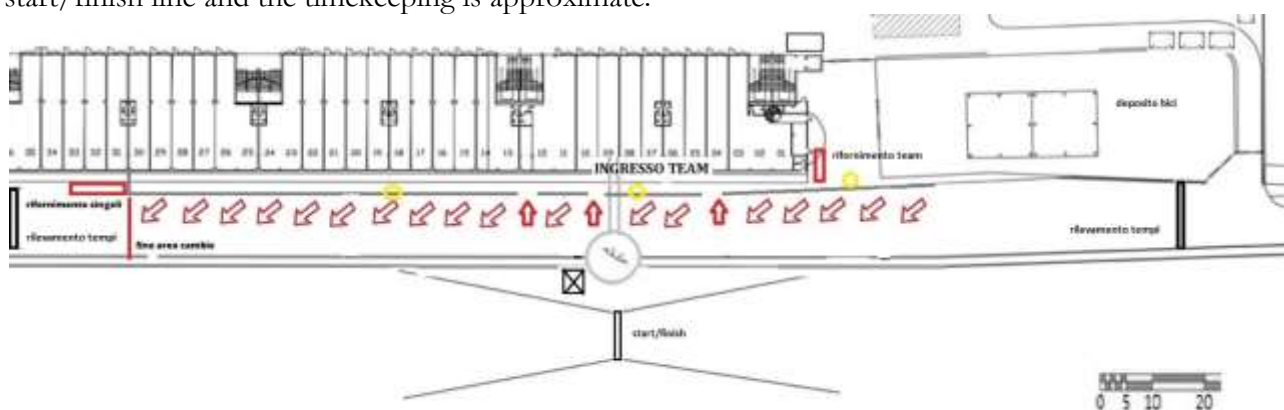
In the event of bad weather, the use of transparent mackintoshes is recommended to facilitate the identification of teams and race numbers.

Changes

Each athlete is free to change whenever he/she sees fit, bearing in mind that:

1. Changes must take place within the space indicated by the organisation and athletes must wear their team bib.
2. In the transition area, including the entrance corridor, only the athlete who must make the change may enter and stay, in the case of the presence of more than one athlete from the same team, a verbal warning will be given first and then a 1 lap penalty will be given.
3. Starting from the transition area must be done with the foot on the ground, otherwise after a first verbal warning, 1 lap penalty will be given.
4. An area reserved for team leaders will be identified.
5. The minimum time for the change between two athletes of the same team is 10 seconds. This time represents the duration of the transit in the pit lane, between the passage on the entry and exit detection mat. The passage will be managed electronically with a tolerance, between entry and exit of the athletes of the same team, which will be evaluated by the race judges. Any anticipation will be punished with a 2 lap penalty. In the event of a minimum changeover time of less than 10 seconds, a penalty of 10 seconds additional to the time taken for the changeover will still be awarded.
6. In the last 10 minutes of the competition it is forbidden to change the competing athlete.

Below is a diagram of how the changing area in the pit lane will be constructed, the position of the start/finish line and the timekeeping is approximate:



Laps

Once the athlete has entered the competition circuit, he must complete at least 1 lap of the circuit, under penalty of 2 penalty laps for the team to which he belongs. The presence on the race track of several athletes from the same team will be penalised with 2 penalty laps.

Safety Car and circulation

In case of serious falls of one or more competitors, wet circuit due to rain or other events compromising the safety of the race, the Safety Car will intervene. From the moment the Safety Car enters the circuit for any of the above events the race will be neutralised with relative stop of laps for all teams. The competition will restart as soon as the Safety Car leaves the circuit after communication from Race Direction. During the intervention on the track of the Safety Car the teams involved in the accident will be given the opportunity to replace the injured riders. During the race it is obligatory for the running cyclists to keep to the right and to leave the passage to the left free for faster competitors, assistance and support vehicles.

Mechanical assistance and punctures

In the event of punctures or other mechanical problems, participants are responsible for changing wheels, as well as any other technical equipment. On-track assistance for punctures is provided.

Equipment and lighting

It is mandatory to use the front and rear lights clearly visible and exclusively fixed to the frame or handlebars or helmet. The Race Direction, at its sole discretion, may prevent a competitor not complying with the rule from starting. It will be compulsory to have the light switched on under penalty of disqualification; those who are on the track from the start will have their light functionality checked before the start.

Only road bikes, including fixed-gear bikes, may be used; mountain bikes or other types of bike are not permitted. It is the responsibility of each athlete to bring their own bicycle, helmet, lights and technical equipment.

During the race, the use of a hard hat is compulsory, which must correspond to the safety and protection standards dictated by the relevant regulations. The athlete is also obliged to wear a helmet in the stages preceding or immediately following the race, in particular when wearing the race jersey with the number applied. In road training, during any warm-up phase prior to the start, the wearing of a hard hat is always mandatory.

The bikes must comply with the relevant UCI regulations, in particular:

1. for racing, prostheses are permitted as long as they do not exceed the height of the brakes,
2. the diameter of the wheels allowed is 26" (women only) and 28"; in any case the front and rear wheel must be of the same diameter,
3. spoked wheels are not permitted,
4. disc brakes are permitted.
5. Two-way radio equipment is **NOT** permitted

The transport of glass containers is prohibited.

Participants are responsible for the safekeeping and storage of their equipment.

Rankings

The team that has completed the most laps at the end of 12 hours wins. In the case of teams with the same number of laps, the ranking will be based on the passage across the finish line at the end of 12 hours.

In the event that one or more members of a team do not turn up or have to interrupt their participation and the other members decide to continue the race, the team will still be ranked in the category in which it entered without penalty.

AWARDS:

The categories are divided into male, female and mixed (presence of 1 athlete of each sex).

Prizes will be awarded to:

- the first, second and third team in the overall classification,
- the first, second and third placed men's single team,
- the first, second and third classified women's single,
- the first classified team in each race category (if there are at least three registered teams in the category) by traditional change,
- the first, second and third team in the overall fixed gear classification.

Special prizes for:

- best lap women,
- best lap men,
- the team coming from furthest away
- the youngest athlete
- the oldest athlete

GENERAL INFORMATION:

Team assistance

Each team is allowed a maximum of 3 technical staff members who will be allowed to enter the athletes' village areas with a special bracelet handed out at the chip collection.

The organisation provides the teams, in addition to the athletes village shared with everyone, with an area for the technical assistance of each team. Each available space is 6x2 metres (vehicles with larger

measurements will not be allowed) and is located in the car park outside the paddocks.

Bike depot

The bike depot opens at 14.00 hrs. All participants are obliged to bring their bikes to the designated area for technical checks. For safety reasons, access to the bike depot is subject to the front number on the bike and the corresponding back number of the athlete.

Medical Service

The Organising Committee will provide an adequate medical service on the race track. A doctor, an advanced ambulance and a basic ambulance as well as volunteer staff from the Public Assistance will be present. The emergency number for all participants to call exclusively in the event of a serious emergency during the race is 118.

Emergencies

Contact the Organising Committee on: 0039 3337014879.

Theft

The Organising Committee is not liable for possible theft of bicycles left unattended.

Rubbish

Anyone caught littering along the circuit will be reported to the Jury and excluded from the final classification. Participants are asked to maintain a decent attitude on the course and in all areas of the event.

Prohibitions

In view of the regulations in force, the sale and serving of food and drinks to persons outside the team is prohibited within the area. It is also forbidden to sell gadgets or other products on pain of immediate expulsion of the team from the race and of those responsible from the service area.

Information and hospitality

For information on the "F1RE" and for all information on food and accommodation in hotels, restaurants and other facilities, please consult the race section on the website www.followyourpassion.it.

Insurance and certificate

Membership of ACSI, FCI or a Sports Promotion Body includes accident insurance.

All participants who are not registered with ACSI, FCI, a recognised sports promotion organisation or (for foreigners) with a national federation recognised by the UCI, must present a valid medical certificate of competitive sports fitness for cycling (in Italian or English for foreigners) at accreditation and sign up for the ACSI daily card at a cost of Euro 10.00. The necessary examinations (ex. D.M. 18 February 1982) for obtaining a medical certificate of competitive sports fitness for cycling and/or triathlon foreseen are: medical examination, eye examination, electrocardiogram at rest and after effort, spirometry.

Participants in "F1RE" will be covered by insurance conventions stipulated by ACSI and the Organising Committee.

Complaints

Any complaints must be addressed to the race jury within the terms of the regulations and accompanied by the fee laid down in the ACSI regulations.

Declaration of liability

"I, the undersigned, for myself, my heirs and testamentary executors, aware of the penal sanctions provided for in the event of untruthful declarations and falsity in deeds (art. 26 law 15/68 and art. 489 of the penal code.) I declare: to have read and consequently to know, accept and respect the regulations of "F1RE"; to be aware that participation in competitive sporting events is potentially a risky activity if one is not adequately prepared and in a suitable physical condition; to be aware that in order to register one must be in possession of a valid medical certificate of fitness for competitive sporting activity for cycling and to be at least 18 years of age on the date of the event; to register voluntarily and I assume all risks arising from my participation in the event: falls, contact with vehicles, other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or wet weather, traffic and road conditions, any type of risk well known and assessed by me. Being aware of the above, considering the acceptance of my entry, I, on my own behalf and in the interest of no one else, release and discharge the Organising Committee of the event F1RE Laguna Running SSDRL, MG Sport srl, the F.C.I., the Autodromo Nazionale Monza, the Comune di Monza, the Consorzio Villa Reale e Parco di Monza, the Provincia di Monza Brianza, the Regione Lombardia, the promoting bodies, all the sponsors and organising partners of the event, their respective representatives, successors, officials, directors, members, agents, collaborators and employees of the above mentioned companies, of all present and future claims or responsibilities of any kind, known or unknown, deriving from my participation in the event.

Privacy and image rights

Pursuant to Legislative Decree No. 196 of 30/6/2003, prior to registration the athlete is required to read the documentation on the protection of privacy, available on the website www.followyourpassion.it and to express his/her consent to the processing of personal data, in the manner provided. The data provided will be processed in accordance with the rules laid down by D. Lgs. 30.6.2003 n. 196 and used exclusively for the purposes provided for in the information published on the website www.followyourpassion.it.

By registering for "F1RE", the athlete expressly authorises the Organising Company, together with the legal entities with which it has professional and commercial relationships relating to and connected with the filming of images of the event, to the free acquisition of the right to use the still or moving images on which he/she may appear, taken during my participation in the competition on all visual media as well as on promotional and/or advertising materials produced and disseminated throughout the world and for the maximum period of time envisaged by the laws, regulations and treaties in force, including any extension that may be made to the period envisaged.

Non-performance

In the event that the race is cancelled and/or postponed to another date, or in any case, not held for reasons of force majeure and / or reasons not attributable and / or not attributable to the will of the Organization, including the revocation of the authorization to the holding by the public bodies in charge, the participant will have nothing to claim from the Organizing Committee and / or Laguna Running SSDrl and MG Sport Srl, either for the return of the registration fee, or by way of reimbursement of any expenses incurred or to be incurred. The presentation of the application form has the value of acceptance of this clause and express waiver of any claim resulting from the cancellation and/or postponement of the race.

Please note: the Organising Committee reserves the right to amend these regulations at any time for reasons it deems appropriate in order to better organise the race, subject to authorisation from the ACSI. The event will take place in all weather conditions. For all matters not covered by these regulations, the technical regulations of the S.A.N. National Amateur and Cycling Tourism Sector apply.

Monza, April 2024



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