

## RACE REGULATION

### F1RE 4h Circuit Cycling Race

The Laguna Running ssdrl affiliated with ACSI for the year 2025, is organising the 4-hour cycling race called "F1RE" on the Autodromo Nazionale Monza track. You can participate solo or in teams of 2 and 4 (male, female or mixed). Racing and fixed-gear bikes with dedicated classification are allowed.

At the same time, a 12-hour cycling race will also take place; race numbers in different colors will be distributed to distinguish the participants.

The event is included in the National and ACSI (Italian Sports Centres Association - Sports Promotion Body recognised by CONI) calendar.

#### General infos

**Event name: F1RE**

**Date: 27-28 September 2025**

**Venue: Monza, Autodromo Nazionale (MB).**

**Registration: open until 11:59 PM on 11 September 2024.**

**Start and finish: Autodromo Nazionale Monza (track).**

**Start time: Saturday 27 September at 7 PM.**

**Refreshments: refreshment point provided.**

**Technical escort: provided by the organiser, technical escort by teams not allowed.**

#### MAY PARTICIPATE:

##### REGISTERED ATHLETES

- F1RE is open to all registered FCI athletes aged 18 years or over in the calendar year.
- F1RE is open to all card-carrying members of Sports Promotion Bodies in possession of medical fitness for competitive cycling who have signed an agreement with the F.C.I. for the year 2025. ASI members must present their Bike Card together with the card of their organisation.
- F1RE is open to all foreign amateur cyclists in possession of the UCI license valid for the year 2025, issued by their national cycling federation, to be presented compulsorily together with a certificate of competitive sports fitness for cycling for Italian athletes (no other disciplines are valid). For foreigners, a HEALTH FORM is required and can be downloaded on the website.

##### NON-MEMBER ATHLETES

- F1RE is also open to all Italian and **foreign NON-MEMBERS**, for whom a daily ACSI membership card will be activated at a cost of € 10.00 for 'third party liability' insurance cover during the event. For the issue of the day card to Italian athletes it is necessary to present the certificate of Agonistic Fitness for CYCLING (no other disciplines no Triathlon) ex DM 18/2/82. **Foreign athletes must present the HEALTH FORM which can be downloaded from the website.**

#### ETHICAL REQUIREMENT

By signing the registration form, the competitor self-certifies the non-existence of sporting, civil and/or criminal sanctions, for facts relating to doping and declares that he/she has not taken - and will not take - substances included in the World Anti-Doping Agency (WADA) anti-doping list. False self-certification will be prosecuted in accordance with the law.

### Exclusion

The organising committee may at any time and at its sole discretion decide whether or not to accept an entry or to exclude an entrant from the event if it may damage its image. Entries will not be accepted from cyclists who have had doping sanctions and/or disqualifications of more than 6 months.

### Professionals, Elite, Under 23

Athletes who have been registered in the Professional, Elite, Under 23, Women's Elite, Women's Under 23 categories, in the two years following their last registration in the category, may register as cyclists and cycle-tourists and participate in the S.A.N. competitive activity, but with the following restrictions

- exclusion from category classifications (only absolute classification and ASS category indication);
- they may not compete for the award of Italian, Regional and Provincial Champion titles in the various specialities, with the exception of the Fixed Sprint title.

**Course: Autodromo Nazionale Monza (circuit of mt. 5.793).**





**REGISTRATION AND PAYMENT:**

Registration is open until 25 September 2025 at 11.59 PM. and it is possible to register online via the website [www.followyourpassion.it](http://www.followyourpassion.it) in the section dedicated to the race. When collecting the dorsal and number of bikes, the ACSI, F.C.I. or Sports Promotion Bodies belonging to the National Council valid for 2025 will be required.

Participation fees, net of platform fees

	From 01/06 to 31/08	From 01/07 to 25/09
Single	€80,00	€85,00
Team of 2	€ 135,00	€140,00
Team of 4	€ 240,00	€250,00

Fees do not include administrative fees of 2.5 euros per athlete.

Group discounts are available for cumulative registrations with more than 10 participants. Interested clubs are requested to contact the organisation at [giuseppe@mgsport.it](mailto:giuseppe@mgsport.it) for further information.

The registration fee includes race number, race bib and microchip, race package, reserved athletes' area with dedicated services (sports massage centre, mechanical workshop assistance), guarded bike depot, wheel assistance, refuelling, Pasta Party, men's and women's dressing room and luggage deposit, and parking inside the racetrack.

**Closing date for entries**

Online registration will be closed at 11:59 PM on 25 September 2025.

It will be possible to register on site on Saturday 27 September 2025 from 14:00 to 16:00. ((in case of the availability))

The organization reserves the right to close registrations early when it feels that safety requirements are no longer met.

### **Substitutions**

The athlete may transfer to another participant or move to the following year free of charge by Monday, September 1, 2025.

After this date, any request must still be sent to [info@followyourpassion.it](mailto:info@followyourpassion.it) and will cost €10. There is no refund for smaller fees.

### **Confirmation of Entries**

The Organising Committee will send all registered participants registration confirmation by email. If the confirmation email does not reach the subscriber, the subscriber should write to [info@followyourpassion.it](mailto:info@followyourpassion.it). The subscriber can check his or her registration status on his or her personal dashboard on the Njuko platform.

### **Refund of the registration fee**

The participation fee is not refundable under any circumstances for reasons attributable to the individual registrant.

## **RACE PROGRAM:**

### **Saturday**

- **11 AM:** opening of accreditation centre
- **4.00 PM:** opening of bike depot
- **5.00 PM:** accreditation centre closure
- **6.00 PM:** technical briefing
- **6.40 PM:** start of warm up lap
- **7 PM:** race start
- **8 PM:** opening of the break area
- **11 PM:** race end and awards ceremony

### **Timekeeping**

Each team will receive an envelope containing 1 chip per athlete and the corresponding bib number. The chips are personal and must not be exchanged under penalty of 2 laps. Each team leader must hand in all chips received at the designated point set up by the organisation within 2 hours after the end of the event.

### **Chip return:**

**Is mandatory, in case of loss or failure to return CHIP the athlete will be charged 100€.**

### **Custom Boxes and shared Spaces**

Athletes will have the opportunity to set up their own gazebos, tents, RVs and/or vans in the common spaces and parking lots. Please send an email request [info@followyourpassion.it](mailto:info@followyourpassion.it)

In addition, it will be possible to have customized boxes with various services included. More information can be requested at [info@followyourpassion.it](mailto:info@followyourpassion.it).

Participants who do not purchase a box through Dynamo Camp or Laureus will still have access to a large shared area within the boxes, where a space will be allocated to them in proportion to the number of team members, for storing their equipment (no gazebos allowed).

### **Bibs**

All participants will receive front and back numbers for the recognition of individual athletes (the numbering does not determine the starting order). It is obligatory to respect the number-athlete correspondence as in the list handed out at chip collection. Back numbers must be placed on the right and always visible.

### **Uniforms**

Athletes belonging to the same team must participate with a jersey representing the team with the exception of professional athletes who may wear their own jersey. Teams with identical uniforms will be allowed. There are no restrictions or limitations on uniforms, which, however, must be professional and must not be offensive to anyone.

In the event of bad weather, the use of transparent mackintoshes is recommended to facilitate the identification of teams and race numbers.

### **Changes**

Each athlete is free to change whenever he/she sees fit, bearing in mind that:

1. Changes must take place within the space indicated by the organisation and athletes must wear their team bib.
2. In the transition area, including the entrance corridor, only the athlete who must make the change may enter and stay, in the case of the presence of more than one athlete from the same team, a verbal warning will be given first and then a 1 lap penalty will be given.
3. Starting from the transition area must be done with the foot on the ground, otherwise after a first verbal warning, 1 lap penalty will be given.
4. An area reserved for team leaders will be identified.
5. The minimum time for the change between two athletes of the same team is 10 seconds. This time represents the duration of the transit in the pit lane, between the passage on the entry and exit detection mat. The passage will be managed electronically with a tolerance, between entry and exit of the athletes of the same team, which will be evaluated by the race judges. Any anticipation will be punished with a 2 lap penalty. In the event of a minimum changeover time of less than 10 seconds, a penalty of 10 seconds additional to the time taken for the changeover will still be awarded.
6. In the last 10 minutes of the competition it is forbidden to change the competing athlete.

### **Individual Participation**

Individual participation does not require riding continuously for 4 hours. Breaks, including extended stops in the pit area, are of course allowed. Rankings are divided into male and female individual categories. The winner is the athlete who completes the most laps within the 4-hour period. In the event of a tie in the number of laps, the ranking will be determined based on the order of crossing the finish line at the end of the 4 hours.

### **Laps**

Once the athlete has entered the competition circuit, he must complete at least 1 lap of the circuit (meaning passing under the start/finish arch at least 2 times), under penalty of 2 penalty laps for the team to which he belongs. The presence on the racetrack of several athletes from the same team will be

penalised with 2 penalty laps.

At the end of the race, all riders on the track must complete one additional lap of the circuit outside the 12-hour race; failure to do so will result in the disqualification of the entire team. They must then return to the pits, where they will find a sign indicating their designated exit.

### **Safety Car and circulation**

In case of serious falls of one or more competitors, wet circuit due to rain or other events compromising the safety of the race, the Safety Car will intervene. From the moment the Safety Car enters the circuit for any of the above events the race will be neutralised with relative stop of laps for all teams. The competition will restart as soon as the Safety Car leaves the circuit after communication from Race Direction. During the intervention on the track of the Safety Car the teams involved in the accident will be given the opportunity to replace the injured riders. During the race it is obligatory for the running cyclists to keep to the right and to leave the passage to the left free for faster competitors, assistance and support vehicles.

### **Mechanical assistance and punctures**

In case of mechanical problems, participants are responsible for changing wheels, as well as any other technical equipment. On-track assistance is provided.

### **Equipment and lighting**

It is mandatory to use the front and rear lights clearly visible and exclusively fixed to the frame or handlebars or helmet. The Race Direction, at its sole discretion, may prevent a competitor not complying with the rule from starting. **It will be compulsory to have the light switched on under penalty of disqualification; those who are on the track from the start will have their light functionality checked before the start.**

Only road bikes, including fixed-gear bikes, may be used; mountain bikes or other types of bike are not permitted. It is the responsibility of each athlete to bring their own bicycle, helmet, lights and technical equipment.

During the race, the use of a hard hat is compulsory, which must correspond to the safety and protection standards dictated by the relevant regulations. The athlete is also obliged to wear a helmet in the stages preceding or immediately following the race, in particular when wearing the race jersey with the number applied. In road training, during any warm-up phase prior to the start, the wearing of a hard hat is always mandatory.

The bikes must comply with the relevant UCI regulations, in particular:

1. for racing, prostheses are permitted as long as they do not exceed the height of the brakes,
2. the diameter of the wheels allowed is 26" (women only) and 28"; in any case the front and rear wheel must be of the same diameter,
3. spoked wheels are not permitted,
4. disc brakes are permitted.

### **5. Two-way radio equipment is NOT permitted**

The transport of glass containers is prohibited.

Participants are responsible for the safekeeping and storage of their equipment.

### **Rankings**



The race includes the following classification categories:

Individual Men – Individual Women

2-Men Team – 2-Women Team – 2-Mixed Team

4-Men Team – 4-Women Team – 4-Mixed Team

The team that has completed the most laps at the end of the 4 hours wins. In the case of teams with the same number of laps, the ranking will be based on the passage across the finish line at the end of the 4 hours.

If one or more members of a team do not turn up or must interrupt their participation and the other members decide to continue the race, the team will still be ranked in the category in which it entered without penalty.

### **AWARDS:**

The top 3 men and top 3 women in the individual race will be awarded, as well as the top 3 male, female, and mixed teams in the 2-person and 4-person team categories. Prizes will only be awarded if there is a minimum of 5 teams per gender at the start. The finishing order will not be displayed on site but will be published immediately after finalization on the ENDU website.

Prizes will be awarded with in-kind prizes

\*To be determined

### **GENERAL INFORMATION:**

#### **Team assistance**

A maximum of 3 technical staff people are allowed for each team and they will be able to access the athletes village areas equipped with the appropriate bracelet / pass delivered at chip collection.

The organization provides the teams, in addition to the athletes village shared with everyone, an area for each team where they can set up any gazebos / campers per team

#### **Bike depot**

The bike depot opens at 17.30 hrs. All participants are obliged to bring their bikes to the designated area for technical checks. For safety reasons, access to the bike depot is subject to the front number on the bike and the corresponding back number of the athlete.

#### **Medical Service**

The Organising Committee will provide an adequate medical service on the race track. A doctor, an advanced ambulance and a basic ambulance as well as volunteer staff from the Public Assistance will be present. The emergency number for all participants to call exclusively in the event of a serious emergency during the race is 118.

#### **Emergencies**

Contact the Organising Committee: +39 3491333589

#### **Theft**

The Organising Committee is not liable for possible theft of bicycles left unattended.

#### **Rubbish**

Anyone caught littering along the circuit will be reported to the Jury and excluded from the final

classification. Participants are asked to maintain a decent attitude on the course and in all areas of the event.

### **Prohibitions**

In view of the regulations in force, the sale and serving of food and drinks to persons outside the team is prohibited within the area. It is also forbidden to sell gadgets or other products on pain of immediate expulsion of the team from the race and of those responsible from the service area. The use of mobile phones during the race is strictly prohibited, as it poses a danger to the safety of all participants. Violation of this rule will result in the disqualification of the entire team.

### **Information and hospitality**

For information on the "F1RE" and for all information on food and accommodation in hotels, restaurants and other facilities, please consult the race section on the website [www.followyourpassion.it](http://www.followyourpassion.it).

### **Insurance and certificate**

Membership of ACSI, FCI or a Sports Promotion Body includes accident insurance.

All participants who are not registered with ACSI, FCI, a recognised sports promotion organisation or (for foreigners) with a national federation recognised by the UCI, must present a valid medical certificate of competitive sports fitness for cycling (in Italian or English for foreigners) at accreditation and sign up for the ACSI daily card at a cost of Euro 10.00. The necessary examinations (ex. D.M. 18 February 1982) for obtaining a medical certificate of competitive sports fitness for cycling and/or triathlon foreseen are: medical examination, eye examination, electrocardiogram at rest and after effort, spirometry.

Participants in "F1RE" will be covered by insurance conventions stipulated by ACSI and the Organising Committee.

### **Complaints**

Any complaints must be addressed to the race jury within the terms of the regulations and accompanied by the fee laid down in the ACSI regulations.

### ***Declaration of liability***

*"I, the undersigned, for myself, my heirs and testamentary executors, aware of the penal sanctions provided for in the event of untruthful declarations and falsity in deeds (art. 26 law 15/68 and art. 489 of the penal code.) I declare: to have read and consequently to know, accept and respect the regulations of "F1RE"; to be aware that participation in competitive sporting events is potentially a risky activity if one is not adequately prepared and in a suitable physical condition; to be aware that in order to register one must be in possession of a valid medical certificate of fitness for competitive sporting activity for cycling and to be at least 18 years of age on the date of the event; to register voluntarily and I assume all risks arising from my participation in the event: falls, contact with vehicles, other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or wet weather, traffic and road conditions, any type of risk well known and assessed by me. Being aware of the above, considering the acceptance of my entry, I, on my own behalf and in the interest of no one else, release and discharge the Organising Committee of the event F1RE Laguna Running SSDRL, MG Sport srl, ACSI, the Autodromo Nazionale Monza, the Comune di Monza, the Consorzio Villa Reale e Parco di Monza, the Provincia di Monza Brianza, the Regione Lombardia, the promoting bodies, all the sponsors and organising partners of the event, their respective representatives, successors, officials, directors, members, agents, collaborators and employees of the above mentioned companies, of all present and future claims or responsibilities of any kind, known or unknown, deriving from my participation in the event.*

## CHARITY RACE

The F1RE 2025 edition is organized to support two third sector entities, Dynamo Camp ETS and Fondazione Laureus Italia, Charity Partners of the Event. In particular, the Organizer has decided to allocate a minimum amount equal to 50 percent of the registration fees to support the social projects of Dynamo Camp ETS and Fondazione Laureus Italia. More information on the social activities of the Charity Partners can be found at the following links: <http://www.dynamocamp.org/> and <http://www.laureus.it/>.

## PRIVACY OF DATA

Pursuant to Article 13 of Regulation (EU) 2016/679 (GDPR) and in accordance with the information on the processing of personal data communicated to participants, we inform: a) that the data contained in the registration form are required for registration, to prepare the list of participants, the ranking, the historical archive, to carry out the services stated in the regulations and, where you have consented, to

send information material from F1RE and/or the Charity Partners of the event, Fondazione Laureus Italia and Dynamo Camp ETS; b) that failure to provide the above data or information determined the non-admission to the event; c) that the rights of the interested party in relation to the processing of personal data are listed in Article 12 et seq. (GDPR). At any time, the data subject may consult, modify, delete his/her data free of charge by writing to the personal data controller.

## PRIVACY AND IMAGE RIGHTS

By registering for F1RE, the athlete expressly authorizes the filming, by television, film, photographic or other means, of the image of the undersigned in the course of his/her participation in F1RE and to confirm herewith said authorization acknowledging the broadest right but not obligation, to record, reproduce, print, publish and project them, disseminate them, and in any case use them by any means currently known or that will be invented in the future, without limit of time or of any kind, throughout the world and to transfer them to third parties also for promotional and/or advertising purposes. The Athlete also declares that he/she has nothing to claim Laguna Running sdsrl, MG Sport s.r.l, to Fondazione Laureus Italia, Dynamo Camp ETS and/or its assignees and/or assignees, and in general from anyone who uses and exploits his/her image, any claim of the Athlete being satisfied by the opportunity to take part in the sports event.

## Non-performance

In the event that the race is cancelled and/or postponed to another date, or in any case, not held for reasons of force majeure and / or reasons not attributable and / or not attributable to the will of the Organization, including the revocation of the authorization to the holding by the public bodies in charge, the participant will have nothing to claim from the Organizing Committee and / or Laguna Running SSDrl and MG Sport Srl, either for the return of the registration fee, or by way of reimbursement of any expenses incurred or to be incurred. The presentation of the application form has the value of acceptance of this clause and express waiver of any claim resulting from the cancellation and/or postponement of the race.

**Please note:** the Organising Committee reserves the right to amend these regulations at any time for reasons it deems appropriate to better organise the race, subject to authorisation from the ACSI. The event will take place in all weather conditions. For all matters not covered by these regulations, the technical regulations of the S.A.N. National Amateur and Cycling Tourism Sector apply.

Monza, September 2025